West Central Regional Quality Council
Funded by the Minnesota State Legislature

Agenda August 15th, 2023, 1:30 pm

The Regional Quality Council will:

1. Support efforts and initiatives that drive overall systems and social change to promote inclusion of people who have disabilities in Minnesota
2. Improve person-centered outcomes in disability services
3. Identify or enhance quality of life for people who have disabilities

West Central Regional Quality Council Notes August 15, 2023

Present: Jason, Shannon, Sherri, Jill, Angela, Chad, Bill, Calley, Hollie, Mike, Janna, Jacki, Jen, Laurie

Absent: Phyllis, Jeff, Michele, Melanie, Lukas, Marni, David, Christine, Celeste, Molly,

RQC staff: Donna, Kerri and Katie

1) **Welcome/Introductions.**

Icebreaker question: Favorite season (10 minutes)

2) **Council of Safety Data Action Group (DAG)** (2 minutes)

   a) Training is Sept 7th. First meeting will be Sept 11th from 1-3pm. We have a good number of participants.

3) **Statewide Staffing shortage**

   Regrouping after legislative session. Last meeting developed purpose statement.

4) **Workgroups -** Full council brainstorm

   a) **Employment** (45 minutes)

      - **Chezy proposal** - $7,997. Consider $1,000 for TV, social media
        - Need to find people with disabilities & employers to interview
          - If you have a connection with someone who would be great on camera, let Donna know.
        - Everything needs to be approved by DHS
        - Are we missing any areas of importance?
          - can we tie into transition age?
        - Send out videos in October for Disability Employment Awareness
        - Could use along with Chamber panel discussion, presentations to service clubs, etc.

- **Hearts of Glass** – 68 min video
  - $3000
    - Window for streaming video
    - 1 hour Panel discussion with people from Vertical Harvest about 2-3 days into window
  - Find partners - opening welcome could include partners that provide funding
  - Can include closed captions in English or Spanish
- Move forward with a viewing and panel.
  - Reach out to colleges and approach this with students as well as businesses and parents.
    - Possibly giving parents a different way to see employment.
  - October for Disability Employment Awareness month.
  - Media
    - KVLY morning show to get word out?
    - Other media sources.

b) Transition to Adulthood (45 minutes)

- Checklist
  (1) Katie will compete and send out to members for feedback and changes. The point is a basic checklist grade 7-12 with regional resources. Pages are done where families or schools can print off a certain grade vs the entire checklist.
- Involving young students in their IEP meeting infographic
- Surveys – Schools probably didn't send out, as not all of them work in the summer
- Rethinking Guardianship for Transition Age Young Adults with Disabilities: The Promise of Supported Decision Making
  - Anita Raymond from Volunteers of America – Nov. 14th, 6:30-8
  - $495/hr
  - Explore reasons why families are often encouraged to seek guardianship when their child with disabilities turns eighteen and how to address concerns

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- Understand the benefits and potential downsides of guardianship
- Describe decision making options for those with impaired decisional capacity, including supported decision making

5) **Next Meetings** (2 minutes)

a) Need Co-chairs – facilitate & help set agenda for meetings & workgroups

- **Next Meetings:**
  - **August 24th,11-12:30- Statewide Workforce Shortage Meeting**
  - **September 11th, 1-3**. Culture of Safety Data Action Group
  - **September 19th, 1:30 - WCRQC meeting** (3rd Tuesday of each month)

Minutes from past meetings.

Workshops Sponsored by The Arc Minnesota

Thursday, September 7th 5:30-6:30 pm

Using Benefit Planning Tools- a Presentation with Disability Hub MN:

This is a virtual presentation to help you navigate the free benefits planning tools on Disability Hub MN's website. An expert from Disability Hub MN will go over their tools and their new benefits planning path. These tools can help you plan for the future and assess employment options. This is an interactive presentation and questions are welcome!

Registration link:
https://arcminnesota.zoom.us/meeting/register/tZAldOCtpjstHNa4dJf8dwrZx1NvW_eMrqFq

Thursday, September 14th 6-7 pm

Starting Conversations Around Employment:

It can be hard to know where to begin when it comes to exploring employment and life goals with your loved one. In this meeting we will practice using Charting the LifeCourse tools. These tools are a great free resource to help you start meaningful conversations about the future. This is the first in a series of monthly meetings that will discuss employment from a variety of angles. These meetings are a way to learn, meet other families,

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and discuss employment obstacles and successes. Feel free to come to one, some, or all of the meetings!

Registration link: https://arcminnesota.zoom.us/meeting/register/tZIkf-ipqjgsE925cvZ6XqSxtgV39af24iVA