West Central Regional Quality Council
Funded by the Minnesota State Legislature

October 15th 2024, 1:30 pm-Hybrid

The Regional Quality Council will:

1. Support efforts and initiatives that drive overall systems and social change to promote inclusion of people who have disabilities in Minnesota
2. Improve person-centered outcomes in disability services
3. Identify or enhance quality of life for people who have disabilities

West Central Regional Quality Council Notes

Hybrid meeting-We will be meeting online and in the Spud Room on 5th floor of the Family Service Center

1) **Welcome/Introductions.** (5 minutes)
   a) Favorite place to view the fall leaves

2) **Council of Safety Data Action Group (DAG)** (5 minutes)

Culture of safety event cancelled for multiple reasons

3) **Regional Capacity Building (10 min) Kassi**

   West central region will not be doing a PATH. We will be exploring what positive supports are and what is available in our region.

4) **Council membership** (5 minutes)

   a) Always recruiting and of course if anyone ever has agenda items let me know

5) **Tayler Guccione @2:00**

   a) Toolkit for Employment

      - Preparing for Success: Getting Ready for Work – Identifying strengths, skills, and interests. Understanding yourself
      - Job Hunting: Finding the Best job – where to look for job, gaining experience, resume building
      - Landing the Job: The Interview Process – Interview preparation and practice, how to disclose disability if you would like to
      - Starting New Job – onboarding and orientation

- Thriving in the Workplace: Building a Career – changing or losing a job, asking for a raise or promotion, work-life balance
- Resources and Support – Local employment resources, the Arc MN microgrant, Connect 700
- This toolkit will be translated into four different languages
- Feedback
  (1) Adding skill building? Example – grant writing
  (2) Highlighting people with disabilities in different positions (not just entry level!)
  (3) Creating a flow chart about how to move from supportive employment to competitive employment
  (4) Do I need a headshot?
  (5) How to dress for an interview, how to dress in the workplace
  (6) How to quit a job

6) **Workgroups -** Full council brainstorm

a) **Employment** (35 minutes)

- October is Disability Employment Month
  (1) Detroit Lakes Event Recap
  Connected with professionals
  (2) FM information Blitz?
- Vocational Rehab information on job coaches
  No longer offering free job coaches during the school day for transition age
  Question: Is there an idea that the school/district will be picking up the slack?
  Answer: That is the hope.

- RMNCEP-Grant opportunity opening in 2025

(1) Rural Minnesota Cep Receives 38 Million Grant For Education And Training Of Young Adults With Disabilities (rmcep.com)

(2) I would like to have a webinar on this.

b) Transition to Adulthood (35 minutes)

- MSUM/Transition and Hope Inc update-the date is set.
- Transition fair-Moorhead Public School update

-Looking to do something like this or taking this idea to where businesses are
-Kerri idea: going to places like the Rotary club and getting on the agenda.
-Asking businesses how can we help with hiring of people with disabilities. "What does community look like, why would someone leave a community." Information on being more inclusive in hiring practices when going out and talking to businesses.
-DL DAC.
-Making sure we are reaching out to places throughout the region and not only in Moorhead area.
-Kerri comment "I feel like asking people for their thoughts on how to do better, created some buy-in or feelings of accountability among businesses and community members"
-Highlighting businesses and organizations with inclusive hiring practices
-Modules for business modeled after Taylor's bite-sized learning

- What can we offer for a training/information? Is there anything you are seeing that parents need information on?

-Talk about requirements of certain careers after graduation. Focusing on transition meetings during senior year

7) Self-Direction Connection Conference

- **https://www.harrymeyeringcenter.org/home/selfdirection/**
- November 1, 2024 Mankato
- Registration ends when tickets are sold out or Oct 31st

(1) https://whova.com/portal/registration/selfd_202411/?preview_image=3

8) Minnesota Gathering

- https://gathering.umn.edu/
- November 12th in person and online November 14th
- Both in Cloquet and Mankato on the same day
- Registration https://www.tickets.umn.edu/UMTE/Online/default.asp?BOparam::WScontent::loadArticle::permalink=MNGathering&BOparam::WScontent::loadArticle::context_id=

9) Next Meetings and Events

- **October 21st 6-7:30pm SASH (Self-advocate social hour) at MSUM Murray hall**
- **October 24th 11-12:30 Statewide Workforce Shortage Meeting**
- **October 25th 10-11:30 Hope Inc/MSUM/Transition Moorhead Schools Wheelchair soccer event @MSUM Nemzek Come watch!**
- **October 28th Halloween Party Arc Dance @ Hopkins gym 7-8pm**
- **November 11th 1-3 Culture of Safety Data Action Group**
- **November 19th 1:30 - 3:15 WCRQC Hybrid Meeting @Family Service Center**

Other meetings/workshops

Pacer Workshops

Disability Hub Calendar

Upcoming AuSm Workshops

West Central Regional Quality Council

Funded by the Minnesota State Legislature

October 15th 2024, 1:30 pm-Hybrid

Minutes from past meetings.