West Central Regional Quality Council
Funded by the Minnesota State Legislature

Notes February 20th, 2024, 1:30 pm

The Regional Quality Council will:

1. Support efforts and initiatives that drive overall systems and social change to promote inclusion of people who have disabilities in Minnesota
2. Improve person-centered outcomes in disability services
3. Identify or enhance quality of life for people who have disabilities

West Central Regional Quality Council Agenda

1) **Welcome/Introductions.**
2. **Mankato Self-Direction Conference -** Shantel Jaszcak Shantel@yourfse.com Jennifer Drganc jdrganc@harrymeyeringcenter.org. Email if you have questions

    a. 2023 was their first year doing it. 250 attended.

        i. FMS staff

        ii. Case manager

        iii. People who use or could use CDCS

    b. 8 breakout sessions-used a Google survey to figure out what sessions to hold

        i. Also asked people with lived experiences to determine what kind of sessions to have.

        ii. Sessions such as-future plan, CDCS plan approval, housing supports, legislation, and future planning

    c. Lead Agencies need to be on board for this to be successful

    d. How it was funded

        i. $40/participant pretty much funded the conference

        ii. Sponsor support, $250-$2500 levels

            1. Sponsors got a booth and some marketing

        iii. Biggest expense was food

        iv. Also did Swag Bags

v. Self-advocates for $30 could have a table and sell their business products. Example: someone sold his salsa

e. They would be willing to help us if we wanted to do one in our region.

i. Jen has a power point about CDCS

ii. Shantel has connections in the region that could present

f. Nov 1, 2024 is their next one. Maybe we could go to it and see what it is like

i. Possibly even sit on the planning committee to see how they set it all up.

3. **Council of Safety Data Action Group (DAG)**

a. We have completed looking at specific incidences and looking at recommendations.

4. **Staff Shortage Workgroup**– Kerri

a. The group seems to be learning and talking and not finding action.

b. Looking for an action plan. Will propose focusing on CDCS.

i. This is also an Arc's legislative agenda item as well.

5. **Council membership** Please bring the name of 1 person we could ask

a. New member: Jessica Jackson-Thank you for coming and joining us!

b. Member leaving: Marni from Polk County is in a new position so will be leaving the council. Angela Thompson has replaced her.

6. **Workgroups -** Full council brainstorm

a. **Employment**

i. MBA presentation – March 20th

1. Donna will talk about the Quality Council and share information on Hearts of Glass project and Reverse Job Fair.

ii. Hearts of Glass - April 11th

1. Partnering with MSUM Clubs. We also have a Concordia professor working on fitting it into her curriculum.
2. Donna and Katie will meet with Jen the director along with the MSUM professors that are teaming with us to come up with a more detailed plan.

3. We will be working with the Concordia professor to try and get more of a partnership vs her just showing it in her class.

iii. Reverse Job Fair – May 8th

1. @ Moorhead High Career Academy.
2. Working with Tom Dryburgh (Moorhead Public Schools community outreach contact) Tom will help us get businesses involved. He wants us to make a quick video explaining
    a. Katie will work on a quick 2 min video that Tom will send out with an information email. Shannon will talk to Adam about possibly helping. (CCRI)
3. Met with Laurie Ackerman. She runs the reverse job fair in Rochester with Max-ability.
    a. They have only Transition Students - usually about 25
    b. Students and businesses register.
    c. Helps prep students. Goes into the classroom Fridays to work on resumes, elevator speech, how to dress, how to showcase their interests and skills (tri-fold boards, on computer).
    d. Kerri with RQC makes folders for businesses which have all the resumes in them as well as 1 pager on disability information such as facts about hiring someone with disabilities, accommodations.

b. **Transition to Adulthood**

i. Financial Planning – February 22nd, 6:30

1. Email donnaatherton@arcminnesota.org if you want the zoom link.
2. Lawyer Brandon Erickson

ii. Mental Health session

1. Have reached out to a few agencies and waiting on a reply
2. Jessica has a contact to try.

iii. Self-Direction session?

1. Great discussion on if and how we could make this happen in our region.
    a. Look at going to the 2024 Mankato Conference and think about holding one in the future.
        i. Maybe be on the planning committee for the Nov 1 conference to see how they bring it altogether.
2. Start with lunch and learns about different CDCS topics.

a. Could be in person or virtual-virtual might reach more people. Possibly hybrid.

iv. Dr Renata Ticha U of M ICI

1. Dr Renata Ticha has studied transition programs in MN the last few years.
2. They are starting to do Community conversation around transition around the state. Renata would like to come to our area and have a community conversation about this.
    a. Looking for lived experiences-what has been working in our community and what hasn't.
    b. Work, independent living, barriers
3. Katie will get in touch with Renata and help them set this up in our region.

v. Regional Capacity Building

1. RQCs have added a new deliverable regarding regional capacity building and person centered thinking.
2. Katie will work on this in our region along with manager Courtney Kressin.
    a. Will form a "team/committee" to work on capacity building.
    b. Get organizations as well as providers and families to use person centered thinking in their day-to-day work and how they service people with disabilities.

7. **Next Meetings**

a. Need Co-chairs – facilitate & help set agenda for meetings & workgroups

- **Next Meetings:**

- **February 22nd, 11-12:30 Statewide Workforce Shortage Meeting**
- **March 11th, 1-3. Culture of Safety Data Action Group**
- ****March 19th, 1:30 - WCRQC meeting** (3rd Tuesday of each month) **This meeting will be rescheduled as there is Disability Services Day at the Capitol, which some will be attending. Please fill out dates available**

Looking ahead to April: We will have a hybrid meeting. For those that can attend in person, we will meet at Clay County Social Services in Moorhead.

Minutes from past meetings.

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