West Central Regional Quality Council
Funded by the Minnesota State Legislature

October 21, 2025, 1:30 pm-Hybrid

The Regional Quality Council will:

1. Support efforts and initiatives that drive overall systems and social change to promote inclusion of people who have disabilities in Minnesota
2. Improve person-centered outcomes in disability services
3. Identify or enhance quality of life for people who have disabilities

West Central Regional Quality Council Agenda

Hybrid meeting-We will be meeting in the Room 2 on 1st floor of the Family Service Center or online

Join Zoom Meeting
https://arcminnesota.zoom.us/j/86181863433?pwd=TBF97J0MY0m5tLGOFySunetFXiYD53.1

Attendance: Katie Cragg, Jason Melby, Sherri Wahl, Michelle Mogen, Kerri Leucuta, Chard Erdmann, Shannon, Michael Pulczinski, Jana Peterson, Dee, Cortney Kressin, Christina Marquis

1) **Welcome/Introductions.** (5 minutes)
    a) **Candy Corn-yes or no?**
2) **Regional Capacity Building (10 min)** Cortney or Kassi
    a) Looking for next focus topic. Either training sessions like the PCT webinars or community events
3) **Workgroups -** Full council brainstorm
    a) **Transition to Adulthood** (35 minutes)
        - Statewide RQC-Supported decision making and guardianship series
            (1) How do you decide on guardianship or supported decision making?
            (2) Kick off in January and the series will be in February and March
            (3) Panel of people who have been through the process of making this decision, either a parent or a person with a disability
                (a) Christina has people to get in touch with for this
                (b) Krystal just got rid of previous guardianship, is her own guardian now

(c) Dee is willing to share her perspective and maybe her son can share his experience as well

(d) Jana helps with this through work

- Transition Fair information discussion
  - (1) Another idea: Some sort of resource about volunteering, while individuals are looking for work.
  - (2) Would love an advocate for the transition process/paired with a parent who has done it before. Wait periods, what you qualify for, funding. Rural vs urban.
  - (3) Arc's Peer Mentorship Program
  - (4) Lunch and Learn on transition paperwork???
- Work on video outline-brainstorm
  - (1) https://www.youtube.com/playlist?list=PLMe9zDtTPTVdR4tMwfEtXZ4gYsMItgr0z and https://www.youtube.com/@PACERCenter/featured Pacer has something similar
    - (a) 14 and 16 specifically

b) Employment (35 minutes)

- Employment videos brainstorm
- Socialization Fair

4) Next Meetings and Events

- Thursday, October 23rd 11-12:30 Statewide Workforce Shortage Monthly Meeting
- Monday, November 10th 1-3 Culture of Safety
- Wednesday, November 11th 3-4pm West Central Regional Capacity Building Meeting
- Tuesday, November 18th 1:30-3:15 WC RQC Meeting

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Other meetings/workshops

Pacer Workshops

Disability Hub Calendar

Upcoming AuSm Workshops

Minutes from past meetings.