West Central Regional Quality Council
Funded by the Minnesota State Legislature

The Regional Quality Council will:

1. Support efforts and initiatives that drive overall systems and social change to promote inclusion of people who have disabilities in Minnesota
2. Improve person-centered outcomes in disability services
3. Identify or enhance quality of life for people who have disabilities

West Central Regional Quality Council Notes
December 17, 2024

Hybrid meeting-We will be meeting online and in the Spud Room on 5th floor of the Family Service Center

Join Zoom Meeting

https://arcminnesota.zoom.us/j/84751084695?pwd=GurDb5xFmzZL1bqE0VhxaqCJnS6IJ9.1

1) **Welcome/Introductions.** (5 minutes)

   Mild winter or lots of snow?

   Attendance: Katie Cragg (Arc), Holly (Clay County), Sherri (Parent advocate), Jason (self advocate), Sarah Jenson (case manager/clay county), Deb (parent advocate), Amber (clay county), Kerri (Arc), Chad (DHS), Jess (parent advocate), Michele (retired/community educator), Shannon (CCRI), Kassi (Arc)

2) **UCare discussion with Amber Carroll (Clay Co Ucare coordinator)**

   - Special Needs Basic Care (SNBC)
   - What is it?
     - There are two plan options. Ucare connect and Ucare connect plus medicare. Both are SNBC plans for people with disabilities and on medical assistance.
   - Who is eligible?
     - Determined by finances and medical insurance
     - Must have certified disability, between the ages of 18 and 65, and have medicaid with or without part a or b, and lives in an area that Ucare connect services.
   - Do you help navigate who is in network? Yes, covers anything that MA covers. Includes transportation services for appointments and pharmacy trips.

3) **Council of Safety Data Action Group (DAG)**
   a) **Canceled**

4) **Regional Capacity Building (10 min)**

   a) December 16 Statewide RCB meeting
   - West Central isn't doing a PATH at this time. Looking for more members. Scheduling WC RCB meetings for the second Tuesday of each month at 1 pm

5) **Workgroups -** Full council brainstorm

   a) Transition to Adulthood (35 minutes)

   - **Meeting with Brian about his website/resources-go over website**
     https://thespecialneedsplan.com/
     Brian is willing to do webinars or meet with parents. Looking at him doing a webinar in 2025 in our series
     He is talking with school admins and teachers about his website. He also is a strong advocate for once transition iep meetings start-districts should open each meeting with the checklist.

   - **Charting the LifeCourse Training**
     - Katie will be taking this-thinking that she could do small group guidance for families in our region to help with transition to adulthood as well as employment Classes Jan-April

   - Brainstorm transition series topics and partners
     - Guardianship and other options, Brian/Website, Hub tools, VR session, Technology within the home for independence, Grass roots advocacy

6) **Employment** (35 minutes)

   - Business questionnaire-Kassi

   - Labor Department asking for public comment on proposed regulation to end the use of 14(C) certificates.

     (1) https://arcminnesota.org/u-s-department-of-labor-announces-public-comment-period-on-proposed-rule-to-phase-out-subminimum-wage-for-workers-with-disabilities/

7) **End of the year wrap-up**

   a) Virtual platform change-Arc MN
   - Arc MN-In March we are going to Microsoft Teams vs Zoom. I am going to try and move to Teams as soon as the organization will let us. But, know that until then-typically I'd send a year-long invite for meetings, I will probably be

sending just for February and then will wait until I can send a Team invite for March-but know the meeting plans to be the same.

b) Guidelines for council membership
- Always recruiting and of course if anyone ever has agenda items let me know. You can give them my email and I can connect.
- Member orientation and member guidelines will be worked on for 2025. Most have been through guidelines but with the transition, I know some haven't. So I will be reaching out.

c) Arc US will be working hard to advocate for no cuts to Medicaid.
- Arc US Action to Advocate for no Medicaid cuts

d) Stipends
- Remember if you are not being paid to be here-meaning, if you aren't here for your work…you can get a stipend. Also, now that we are hybrid, if you are traveling-we can talk about adding mileage onto your stipend.

e) Council survey
- I will send a survey out after our meeting. I am gauging what I can do different to make sure our council is strong and everyone feels it's worth their time. Please be honest.

8) Next Meetings and Events

- **January 17th Culture of Safety Mtg. 1-3pm**
- **January 20th SASH 6pm at RMD House preparing snacks for the house**
  - (a) **RSVP Marisa marisabengtson@arcminnesota.org**
- **January 21st WCRQC meeting 1:30-3:15**
- **January 23rd Statewide Workforce Shortage Monthly Meeting**
- **January 27th Arc Dance at Hopkins 7-8pm**

Other meetings/workshops

Pacer Workshops

Disability Hub Calendar

Upcoming AuSm Workshops

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December 17, 2024, 1:30 pm-Hybrid

Minutes from past meetings.