

West Central Regional Capacity Building for Positive Supports

October 14th 3pm-4pm

Purpose:

The purpose of Regional Capacity Building is to promote and share information about Positive Supports regionally, and share recommendations with state leaders. Positive Supports are practices that improve quality of life and cultural responsiveness. Each region will form a network to build partnerships and help strengthen their communities.

Positive Supports:

Positive Supports topics include:

- [Positive Behavioral Supports](#)
- [Person Centered Thinking and Practices](#)
- [Culture of Safety](#)
- [Trauma-Informed Supports](#)
- [Motivational Interviewing](#)
- [Cognitive Behavioral Therapy](#)
- [Systems of Care](#)
- [Wellness Recovery Action Plan](#)
- [Wrap around planning](#)

Attendees: Cortney Kressin, Kerri Leucuta, Randall Oldenburg, Conner Boorman, Jackie Lane, Katie Cragg, Donna Atherton, Rachel Freeman, Mark Prishman, Jae England Sullivan, Toni Puente, Melanie Eidsmoe, Dana Easter

Agenda

- Success Stories
 - Network members shared a success story related to Positive Supports
 - Discussion on purpose and structure of story library
 - Shorter vs longer stories
 - Quotes from people why positive supports are important
 - Categories
 - Natural reinforcers
 - Person Centered Planning
- Hot Topic update
 - The first Statewide Hot Topic on Charting the LifeCourse went well.
 - 39 Participants
 - Next will be in November

- Brainstorm for next project or presentation
 - Should we do another virtual series or a local in person event?
 - Support are being taken away, what can we plan to combat that
 - Asset map event: Highlighting the resources that exist and aren't going away
 - Circle of Life had a really successful event on the topic of CFSS. Jae will connect Cortney to the person who organized the event, so we can get some ideas for an event of our own.
- Any events/conferences coming up?