

West Central Regional Capacity Building for Positive Supports

November 11th 3pm-4pm

Purpose:

The purpose of Regional Capacity Building is to promote and share information about Positive Supports regionally, and share recommendations with state leaders. Positive Supports are practices that improve quality of life and cultural responsiveness. Each region will form a network to build partnerships and help strengthen their communities.

Positive Supports:

Positive Supports topics include:

- Positive Behavioral Supports
- Person Centered Thinking and Practices
- Culture of Safety
- Trauma-Informed Supports
- Motivational Interviewing
- Cognitive Behavioral Therapy
- Systems of Care
- Wellness Recovery Action Plan
- Wrap around planning

Attendees: Cortney Kressin, Conner Boorman, Kassi Sofferman, Katie Cragg, Kerri Leucuta, Dana Easter, Rachel Freeman, Randall Oldenburg, Melanie Eidsmoe, Jackie Lane

Agenda

- Success Story Library
 - Our Regional Capacity Building intern, Conner, is working on organizing and gathering stories for a success story library. The first step for this is writing down the stories shared by this network last month.
 - Network members may be contacted about whether they want their quote or story in the library.
 - Contact Conner to share a story:
arcsupportintern@arcminnesota.org
 - Randall and Cortney are training for People Planning Together, thinking about using this to gather more stories as well
- Community Asset Event (Jackie)
 - New library is opening in March

- Jackie is working on a positive support contact workbook: areas are Creative Supports, Independent Living, Employment, Wrap-Around
 - Focusing on transition age as of right now due to what has been heard as a need throughout the region, but open to feedback on what other things to focus on
 - Katie suggested: Housing/independent-living and employment
 - Art drives
 - Sharing out what already exists, not re-creating the wheel
- Family Resource Center Update (Kassi)
 - Kassi was chosen to join the Family Advisory Board
 - The FRC staff have an office now
 - FRC is bombarded with Shut Down/SNAP ripple effects
 - FRC Website: <https://claycountyfrc.com/>
 - Creating Community Consulting has a Protective Factors Training, we may be able to request this training if we want to host.
- Hot Topic: November 18th Noon-1pm
- Statewide meeting: December 10th 1pm-2:30pm