

West Central Regional Capacity Building for Positive Supports

May 12th 3pm-4pm

Purpose:

The purpose of Regional Capacity Building is to promote and share information about Positive Supports regionally, and share recommendations with state leaders. Positive Supports are practices that improve quality of life and cultural responsiveness. Each region will form a network to build partnerships and help strengthen their communities.

Positive Supports:

Positive Supports topics include:

- [Positive Behavioral Supports](#)
- [Person Centered Thinking and Practices](#)
- [Culture of Safety](#)
- [Trauma-Informed Supports](#)
- [Motivational Interviewing](#)
- [Cognitive Behavioral Therapy](#)
- [Systems of Care](#)
- [Wellness Recovery Action Plan](#)
- [Wrap around planning](#)

Attendees: Katie Cragg, Marisa Bengtson, Kassi Sofferman, Randall Oldenburg, Melanie Eidsmoe, Rachel Freeman, Toni Puente, Kathy Kaping, Dee Alleckson, Cortney Kressin

Agenda

- Introductions
 - Cortney is unable to attend the full meeting and Katie is facilitating the meeting
- Transition Event Update
 - **Future Fest: Planning for Life After High School**
 - **August 25th 4:30-8:15pm**
 - Promo coming soon, please share with your networks!
 - Presentation List
 - Independent By Design with CCRI
 - Supported Decision Making Tools with Freedom Resource Center
 - **Meal provided**
 - Supported Decision Making Philosophy with Addie and Marisa
 - Person Centered Thinking Tools

- Collage Making and Charting the LifeCourse Trajectory – possibly at the end
 - Charting the LifeCourse Tools with Katie
 - Booth/table list so far:
 - Wendy Fritz, Transition Coordinator Detroit Lakes
 - Transition Access Program at NDSU
 - CCRI Independent by design: Using tech to help you live as independently as you can
 - Sarah Jensen, Clay County
 - Family Resource Center
 - Freedom Resource Center
 - Arc Minnesota (RQC/RCB, Housing, Peer Mentor, and other programs)
 - Addie’s Ice Cream Cart/Microgrant promo
 - Not confirmed yet but we’ve reached out:
 - Voc Rehab
 - Moorhead Public Schools
- Agency Positive Supports Updates
 - Lack of case management, guardians struggling
 - Transition Talk Parent Group – Next one is May 27th
- Upcoming Trainings & Opportunities
 - 2nd Annual Great Minnesota Positive Supports Get Together
 - Melanie may be presenting!
- Evaluation of our work
 - If anyone wants to participate in an evaluation of this RCB Network for our reporting, please let Cortney know. This will be a separate meeting and will be stipend eligible.
- Update on staffing
 - Kassi starts a new job opportunity next week and will no longer be working at the Arc
 - Conner is done with his internship. If he interviewed you for a story and you haven’t returned your release of information yet, please send that to Cortney instead.

Announcements/Upcoming Events and Meetings:

- Hot Topic: May 19th with Stacie Enders on possible changes to Positive Support Services: [AASD and DSD eList: Survey about proposed changes to positive support and specialist services](#)
- 2nd Annual Great Minnesota Positive Supports Get Together: June 11th [2026 Positive Support Conference - Positive Supports Minnesota](#)
 - In person attendance is available up to 100 people
 - Attendance is free