

West Central Regional Capacity Building for Positive Supports

March 10th 3pm-4pm

Purpose:

The purpose of Regional Capacity Building is to promote and share information about Positive Supports regionally, and share recommendations with state leaders. Positive Supports are practices that improve quality of life and cultural responsiveness. Each region will form a network to build partnerships and help strengthen their communities.

Positive Supports:

Positive Supports topics include:

- Positive Behavioral Supports
- Person Centered Thinking and Practices
- Culture of Safety
- Trauma-Informed Supports
- Motivational Interviewing
- Cognitive Behavioral Therapy
- Systems of Care
- Wellness Recovery Action Plan
- Wrap around planning

Attendees: Cortney Kressin, Kassi Sofferman, Katie Cragg, Kerri Leucuta, Randall Oldenburg, Kathy Kaping, Toni Puente, Marisa Bengston, Mark Prischmann

Agenda

- Introductions
 - Name
 - County you live in
 - Role/identity
 - If you could instantly become an expert at something, what would it be?
- Transition Event Update
 - TUESDAY, AUGUST 25TH at the Moorhead Public Library, 4:30 pm – 8:15 pm
 - Meal provided (Chipotle)
 - Resource Fair / Tabling
 - Three resource / talking sessions
- Transition Event Sessions Discussion
 - Person Centered Thinking

- Specific Tools/Philosophies
 - Collage making/vision board/opportunity scouting
 - CTLC trajectory
 - Decision Making Supports
 - SDM options (Power of Attorney, Release of Info, Healthcare directive, Guardianship)
 - How people get to keep some rights and decisions even if they are under a guardianship
 - Philosophy/who helps you make decisions and how
 - When do I want support tool
 - Charting the LifeCourse/putting it together
 - Family perspective tools
 - Self-advocate perspective tools
- Potential Vendor List for Transition Event
 - Transition Access Program at NDSU
 - CCRI
 - Independent housing
 - Independent by design
 - Check with Sarah Robinson at MDE
 - MAT Paratransit
 - Clay County- Holly Wanner and/or Sarah Jensen
 - Family Resource Center
 - Freedom Resource Center
 - Voc Rehab
 - Possibly Rachel or Stacy or someone else from DHS or ICI
 - Chad Erdman?
 - Charting the LifeCourse (Katie)
 - Supported Decision Making (Addie and Marisa)
 - Person Centered Thinking (Kassi)
 - Arc Minnesota table
 - RQC
 - RCB
 - Peer Mentor
 - Addie's Ice Cream cart – Arc microgrants
 - Customized employment- exploring what your skills are and what you want to do (Opportunity scouting)
 - Productive Alternatives

- Blue Sky
- Heartland

- No regional meeting in April – Statewide meeting instead!