**West Central Regional Capacity Building for Positive Supports**

June 9th 3pm-4pm

**Purpose:**

The purpose of Regional Capacity Building is to promote and share information about Positive Supports regionally, and share recommendations with state leaders. Positive Supports are practices that improve quality of life and cultural responsiveness. Each region will form a network to build partnerships and help strengthen their communities.

**Positive Supports:**

Positive Supports topics include:

- Positive Behavioral Supports
- Person Centered Thinking and Practices
- Culture of Safety
- Trauma-Informed Supports
- Motivational Interviewing
- Cognitive Behavioral Therapy
- Systems of Care
- Wellness Recovery Action Plan
- Wrap around planning

**Attendees:** Cortney Kressin, Katie Cragg, Kerri Leucuta, Melanie Eidsmoe, Jae England- Sullivan, Randall Oldenburg, Mark Prishmann, Marisa Bengston, Jessica Little

**Agenda**

- Introductions if there are any new faces
- Transition Event Update
    - Future Fest: Planning for Life After High School
    - August 25th 4:30-8:15pm
    - Brainstorm promo list
        - North Dakota Today Morning Show/ KVLY
            - This would be an in-person interview
        - Access Press
        - Minnesota Consortium for Disabilities
        - Self-Advocacy Groups in the area
        - Facebook Group https://www.facebook.com/groups/1975583926510729/
        - Moorhead = Fantastic Page

        - Parent Groups
- Ask participants for Agency Positive Supports Updates: Successes, challenges, and emerging needs. Updates on PBS, PCT, Trauma-Informed Supports, and any Positive Supports related work
    - Jae: Circle of Life is focusing on revalidation and hasn't been able to focus on much else. There is potential for agencies to close due to not being able to bill, so Circle of Life is trying to help those companies to either stay open or transition the people they support.
    - Melanie: CCRI is taking a break from the intensive cohort work this summer. They will have a group going to the Positive Supports Conference. They are also focused on revalidation.
    - Katie and Marisa: Focusing on Disability Pride month. Movie at the theater on the first Thursday. Workforce Shortage Workgroup Videos are done: The Power of Support: Professionals Who Speak Up! Series Teaser
    - Jessica: DHS Culture of Safety has been doing some work with counties, but revalidation is what is on everyone's mind.
- Questions for the group: Are there any barriers you have to implementing a person-centered plan? Any other questions for the group?
    - If someone wants to move often, the fees for changing providers every move can be a barrier ($2100). What can be done about this?
- Looking for self-advocate and family member speakers and network members
    - Melanie may have one at CCRI who would be interested in a one-time speaking role
    - Randall has a new presentation on Cerebral Palsy

**Announcements/Upcoming Events and Meetings:**

Ask participants for Upcoming Trainings & Opportunities: Share upcoming events (next 1–2 months)

- 2nd Annual Great Minnesota Positive Supports Get Together: June 11th 2026 Positive Support Conference - Positive Supports Minnesota
- Supporting Well-Functioning Systems for CYSHN and Families - MN Dept. of Health
- ARRM Conference July 15th
- June 17th: World Elder Adult Abuse Conference: https://elderjusticemn.org/minnesota-world-elder-abuse-awareness-day-conference-2026/
- Disability Pride Month Events in July
- Dementia Friends training

- Melanie and Jae are interested