

## West Central Regional Capacity Building for Positive Supports

January 13th 3pm-4pm

### Purpose:

The purpose of Regional Capacity Building is to promote and share information about Positive Supports regionally, and share recommendations with state leaders. Positive Supports are practices that improve quality of life and cultural responsiveness. Each region will form a network to build partnerships and help strengthen their communities.

### Positive Supports:

Positive Supports topics include:

- [Positive Behavioral Supports](#)
- [Person Centered Thinking and Practices](#)
- [Culture of Safety](#)
- [Trauma-Informed Supports](#)
- [Motivational Interviewing](#)
- [Cognitive Behavioral Therapy](#)
- [Systems of Care](#)
- [Wellness Recovery Action Plan](#)
- [Wrap around planning](#)

**Attendees:** Cortney Kressin, Kassi Sofferman, Toni Puente, Randall Oldenburg, Mark Prischmann, Kerri Leucuta, Dana Easter, Kathy Kaping

### Agenda

- Resources from Kassi
- Transition Focused Positive Supports Event at The Moorhead Library
  - Transition-focused resource fair in positive supports
  - One-on-one information and some creative activities
  - Keynote speaker? Breakout rooms?
  - Looking at April or May for a date
- Success Story Library Update
  - Coming along well, more interviews happening in January and February
- Hot Topic: January 20<sup>th</sup>, Noon-1pm
  - Charting the LifeCourse, Supported Decision Making
- Supported Decision Making Series Fridays in February Noon-1:30

- o Registration link:  
<https://us02web.zoom.us/meeting/register/Q865OImdQYePJ3u7YNagJg#/registration>
- Transition Talk Parent Group: <https://arcminnesota.org/event/transition-talk-parent-group/>
- Culture of Safety Upcoming DHS Trainings/Information
  - o Three hour Orientation training: [Webinar announcement: Culture of Safety Orientation](#)
  - o Three day Advanced Practical Trainings: [Webinar announcement: 2026 Culture of Safety Three-Day Advanced Practical Trainings](#)
- [AASD and DSD eList: Minnesota direct care staffing shortage impact annual survey](#)