

West Central Regional Capacity Building for Positive Supports

February 10th 3pm-4pm

Purpose:

The purpose of Regional Capacity Building is to promote and share information about Positive Supports regionally, and share recommendations with state leaders. Positive Supports are practices that improve quality of life and cultural responsiveness. Each region will form a network to build partnerships and help strengthen their communities.

Positive Supports:

Positive Supports topics include:

- [Positive Behavioral Supports](#)
- [Person Centered Thinking and Practices](#)
- [Culture of Safety](#)
- [Trauma-Informed Supports](#)
- [Motivational Interviewing](#)
- [Cognitive Behavioral Therapy](#)
- [Systems of Care](#)
- [Wellness Recovery Action Plan](#)
- [Wrap around planning](#)

Attendees: Cortney Kressin (Arc Minnesota), Kassi Sofferman (Arc Minnesota), Katie Cragg (Arc Minnesota), Chad Erdmann (MN DHS), Melanie Eidsmoe (CCRI), Kathy Kaping (Stevens County), Mark Prischmann (One Circle), Randall Oldenburg (Self Advocate), Marisa Bengston (Arc Minnesota), Delores Alleckson (Parent), Antonina Puente (MN DHS), Conner Boorman (Intern)

Agenda

- Introductions
 - Name
 - County you live in
 - Role/identity
 - What's your current go-to comfort show, song, podcast, or book?
- Chad Erdmann
 - Chad is a Regional Resource Specialist for MN DHS – DDS covering regions 1, 2 and 4 which covers the counties in yellow on this map: [DHS-4850B-ENG \(RRS Geographical Area Map\)](#)
 - Part of the West Central Regional Quality Council.

- o Provides consultation, policy clarification, communication and updates, training coordination, provide resources for HCBS Disability Waivers.
 - o To get in touch with Chad, email chad.erdmann@state.mn.us
- Transition Event Update
 - o Initial planning was for July, but the group decided that August works better, on a weekday. Many people vacation on weekends in the summer, so avoiding weekends is preferable.
 - o We will check in with Gigi's and CCRI to see if they have any big events in August
 - Not August 18 or 19 (CCRI likely has events these dates).
 - o We will connect with the Moorhead Library on availability, and confirm with key players, and let the network know the date ASAP.
- Supported Decision Making Series Fridays in February Noon-1:30
 - o Registration link:
<https://us02web.zoom.us/meeting/register/Q865OImdQYePJ3u7YNagJg#/registration>
- Transition Talk Parent Group: <https://arcminnesota.org/event/transition-talk-parent-group/>
- Telling Your Story Training March 5th
 - o <https://tinyurl.com/4hcjez26>