West Central Regional Quality Council
Funded by the Minnesota State Legislature

The Regional Quality Council will:

1. Support efforts and initiatives that drive overall systems and social change to promote inclusion of people who have disabilities in Minnesota
2. Improve person-centered outcomes in disability services
3. Identify or enhance quality of life for people who have disabilities

West Central Regional Quality Council Notes

Hybrid meeting-We will be meeting in the Spud Room on 5th floor of the Family Service Center or online

Join Zoom Meeting
https://arcminnesota.zoom.us/j/86181863433?pwd=TBF97J0MY0m5tLGOFySunetFXiYD53.1

Attendance: Katie Cragg, Kassi Sofferman, Cortney Kressin, Jason Melby, Krystal Melby, Holly Wanner, Shannon Bock, Kailee Fruetel, Michael Pulczinski, Sarah Jenson

1) **Welcome/Introductions.** (5 minutes)
   a) **Did you have a summer highlight?**

2) **Regional Capacity Building (10 min)** Cortney or Kassi

3) **Disability Pride Month Recap**

   a) Week one: Voting Rights/Speed dating with an elected official – okay attendance, it wasn't an election year so it makes sense. Tina Smith's outreach director joined us
   b) Week two: Disability rights bingo – Very well attended, we had a full room!
   c) Week three: Art and Advocacy – Not great attendance
   d) Week four: Disability pride festival – Very well attended! About 150 people

4) **Upcoming Opportunities**

   a) **Olmstead Conversation**
      - August 26th from 3-5:30
      - Free meal! Chipotle
      - After meeting, participants will be mailed a $50 gift card

   b) **Legislative Update**
      - August 21st, The Arc MN will do a lunch and learn update from 11 am to 12 pm, via zoom
      - August 24th at 2 pm, CCRI is hosting a conversation for districts 1, 4, and 5, in-person but possible virtual option

   c) **New Parent Group**
      - Possible new group starting in Moorhead. Small group now but are looking to move it to the same time SASH is. (Self Advocate Social Hour) 3rd Monday of the month. Will let you know when the group starts meeting-probably in person only at this time. Might be a good group for those with students

heading into transition-or in HS. And, SASH is great for that age.

5) **WCRQC Report**
   - **a)** Ideas?
     - Curriculum or a training for hiring people with disabilities/inclusive hiring program for business school/hr
     - Administrators in districts need to have training on working with unique learners.

6) **Sarah from Freedom Resource**
   - **a)** All services are free
   - **b)** Information referral – ask an advocate, help finding information
   - **c)** General advocacy – help making a phone call, helping someone if they feel their rights were violated and file a complaint.
     - Not to do something for someone, but to help them do it. Teaching them the skill
   - **d)** Transition services – higher level of care than community living, ND and MN have slightly different processes/names for programs, assisting with services and assessments.
     - Diversion – assisting finding and setting up services, finding funding for moving
   - **e)** Accessibility Specialist – specializes with accessibility in the community
   - **f)** Peer mentor program – mentor and mentee come up with a goal, getting comfortable with new norms, sharing knowledge
   - **g)** Resource fair coming up on September 23rd
     - Veterans memorial arena in West Fargo
     - 11:30 am to 2 pm
   - **h)** Young Adult gathering once a month, meeting for coffee

7) **Workgroups -** Full council brainstorm

   - **a) Transition to Adulthood** (35 minutes)
     - **Where do we want to go with transition? Would like to hear ideas and continue this discussion.**

   - **b) Employment** (35 minutes)
     - Partnering with Arc of Cass Co. For some sort of buisness showcase for those that have their own business.

8) **Culture of Safety Data Action Group (DAG)** (5 minutes)
   - **a)** Finished considerations and the cycle. Will keep you updated on what the next cycle will look like and what role the RQC will play in it.

9) Next Meetings and Events

- Thursday, August 28th 11-12:30 Statewide Workforce Shortage Monthly Meeting
- Monday, September 8th 1-3 Culture of Safety (Might be canceled)
- Wednesday, September 11th 3-4pm West Central Regional Capacity Building Meeting
- Tuesday, September 16th 1:30-3:15 WC RQC Meeting

Other meetings/workshops

Pacer Workshops

Disability Hub Calendar

Upcoming AuSm Workshops

Minutes from past meetings.

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