

Twin Cities Regional Capacity Building for Positive Supports

January 8th 1pm-2pm

Purpose:

The purpose of Regional Capacity Building is to promote and share information about Positive Supports regionally, and share recommendations with state leaders. Positive Supports are practices that improve quality of life and cultural responsiveness. Each region will form a network to build partnerships and help strengthen their communities.

Focus areas:

- [Positive Behavioral Supports](#)
- [Person Centered Thinking and Practices](#)

Agenda:

- Recap of 2024 (Cortney- 15 minutes)
 - PATH and other conversations
 - **Focus on Person Centered Training and PBS (Mostly PCT and planning facilitators). Need to do a landscape assessment to see what exists.**
 - **Meeting about brainstorming and talked about the TOET and List of facilitators.**
 - **Exploring the facilitator list that Jen Billington leads.**
 - **Learning what 245D Provider requirements are for PCT – Could an intern create a list or do this research? – Their will be an intern starting soon for RCB work so they can definitely help with this.**
 - **Culture of Safety might have this information – Tony Palke is the DHS contact.**
 - **Rachel Freeman could also give information about providers from the last Metro cohort.**
 - Landscape assessment findings so far
 - **Lack of refresher trainings**
 - **Lack of incentives for people/providers to be person centered**
 - **Many planners are on their own after they are trained**
 - **List of planners is not up to date**
- Action planning for 2025 (Jen Billington- 45 minutes)
 - **Which area(s) can this group make a difference in?**
 - **How many people know how to find a Person Centered Facilitator? There is a website but it is not updated as frequently as it should.**
 - **How many people know what a PCP Facilitator, PCT Trainer, and PCT Coach? – how do we get the word out to let people know the difference – ICI and Arc MN can help with**

this work! Think about how we can help understand the difference between statute requirement being person centered and the real life want to be person centered.

- DHS Licensing can find providers, reword this – People going to person centered training and then connecting better results to quality supports and services.
- Providers are worried about consequences because of the requirement to be person centered and not the want to be person centered and the process that follows that (example- helping someone get a job). – DSPs being more receptive to feedback, “you are going to tell me what to do” mindset. Could being willing to change come from a coworker compared to being told to change from a supervisor...?
- There is a standard but being truly person centered doesn’t necessarily mean following exact steps.
- Is there a planner in every single county in Minnesota? Not at all.
- Money is a big incentive for providers to be truly person centered and spend time with the person to do so. It is important to create a culture that can facilitate positive feedback towards change could help.
- PCP facilitator = guides the team to help the person map out goals or objectives (in life)
- PCT Trainer = PCT curriculum from the learning community (people creating the curriculum)
- PCT Coach = Receives extra training to learn how to embed thoughts and ideas with their coworkers on a more daily or boots on the ground. – coaching people on how to be person centered on day to day basis.
- Any county that would provide trainings for PCT for people in their county? Ramsey and Dakota County.
- If providers have a monetary incentive and want their staff to be trainers or coaches than if DHS funded the training.
- Moratorium exception would be probably the biggest incentive and way to get them trained – could also be a rate exceptions. Some counties are trying to vet these providers to prevent emergency situation back log.
- Complex Transition Team – they work to help people move from hospitals into integrative settings and apply financial funding from the county to accommodate that or when the waiver is not able to cover. – Juanita St Croix is the supervisor of that division.
- Crisis Support Services – Kelli Hammond works with them. Similar to M CCP and they work closely together. M CCP is in the Metro exclusively.