

Purpose:

This folder can help you stay organized and help guide you through the process of helping your student transition to adulthood. Adding your transition documents to this folder can help keep you organized.

- IEP
- Medical Information
- Job applications

Section 1:

One Page Info Sheet: This talks about the student. What are your strengths? What is hard for you? How to support you? Goals? Goals listed can be in all areas: work, living, social.

Example:

- Likes-
 - Ipad
 - Bike rides
 - Music
- Strengths-
 - social, likes helping friends
- What is hard
 - easily distracted, un-organized
- How to support
 - Make eye contact before giving me directions.
 - Give 2 directions at a time.
- Goals
 - Get a job
 - Live with my friends

Section 2:

Transition check list. This is a list of things you should be thinking of when going through the transition age. It has local resources. You might find that not all items relate to you or might be at a different age. Links for resources are listed but you can find a digital resource list and digital copy of the checklist:

<https://www.qualitycouncilmn.org/work-group/west-central-transition-work-group/>

Section 3:

Resource Guide. This resource guide has many helpful links. You will find a full resource guide online. <https://www.qualitycouncilmn.org/work-group/west-central-transition-work-group/>

Section 4:

What Does It Take: Life Course Tools. From Charting the Life tools. Questions to think about will help guide you and your student throughout the transition process. There are also questions to think about with each category below.

<https://www.lifecoursetools.com/lifecourse-library/exploring-the-life-stages/#top>

- Citizenship and Advocacy
- Social and Spirituality
- Healthy Living
- Safety and Security
- Community Living
- Daily Life and Employment

Section 5:

Volunteer/Job Log. This is a place where you can enter different volunteer opportunities or jobs your student has had. Adding a description and what they liked or didn't like can help guide you in finding a job they enjoy.

Section 6:

When Do I want Support? This is a tool to help guide you and your student in recognizing how much support they need in everyday decisions. Keep in mind the answers might change throughout the year.

What you can add to the folder:

- Current IEP
- Resume
- Agency list you are involved with
- Job performance reviews