

Transition Resources

Digital Copy with more resources can be found at <https://www.qualitycouncilmn.org/work-group/west-central-transition-work-group/>

The Arc Minnesota

- Planning for the future: <https://arcminnesota.org/resource/free-resources-planning-for-the-future/>
 - Get Set/mapping tool: <https://arcminnesota.org/ways-we-can-help/planning-your-future/getset-interest-mapping-tool/>

RQC Resource Guide for Adults with Disabilities <https://www.qualitycouncilmn.org/wp-content/uploads/Resource-Guide-for-Adults-with-Disabilities-4-20-Update.pdf>

From The Arc US

- Deciding where to live: <https://futureplanning.thearc.org/pages/learn/where-to-start/deciding-where-to-live>
- Financing: <https://futureplanning.thearc.org/pages/learn/where-to-start/financing-the-future>
- Employment & Daily Activities: <https://futureplanning.thearc.org/pages/learn/where-to-start/employment-and-daily-activities>

Other general transition resources

- Guide to Transition from MN Disability Law Center: https://mylegalaid.org/downloads/Into-Adulthood-Guide_Final-PDF-English-Dec.-2021.pdf
- <https://disabilityhubmn.org/for-families/transition-to-adulthood/> A free statewide resource that helps solve problems, navigate the system, and plan for your future.
 - <https://disabilityhubmn.org/hub-tools/online-resources/my-vault/> A secure online tool to complete planning activities as well as save & share information securely with people who support you
- The Transition to Independent Living: <https://www.pacer.org/transition/resource-library/publications/NPC-58.pdf> (pacer.org)

Guardianship and Supported Decision Making

- Guardianship & SDM videos
<http://youtube.com/playlist?list=PLKJYnxTHNgqVUVjdT6NL29vvLqSQu0l-F>
- The Center for Excellence in Supported Decision Making <https://www.voamnwi.org/center-excellence-supported-decision-making> - CESDM supports individuals who are at risk of guardianship and/or conservatorship across Minnesota and their caregivers through consultation, referrals, and information. Professionals or informal caregivers are eligible for assistance navigating guardianship, conservatorship, and less restrictive alternatives

Recent webinars

- [SDM & Guardianship: Which One is Right for Me?](#) (11/2022; younger adult examples)
- Guardianship, Trusts, & alternative workshop - Fargo area Attorney Susan Johnson Drenth 2021 presentation for The Arc MN West Central Region <https://youtu.be/s5mwV-IwQzY>

Person Centered Planning

- LifeCourse Tools
 - <https://www.lifecoursetools.com/> help individuals develop a vision for a good life, think about what they need to know and do, identify how to find or develop supports, and discover what it takes to live the lives they want to live.
- <https://mn.gov/mnddc/extra/publications/Its-My-Choice.pdf> from the Minnesota Governor's Council on Developmental Disabilities

Employment

- Make Work Part of your Plan video
 - https://mn.db101.org/partners_1.htm
- The University of Minnesota Institute on Community Integration
 - <https://ici.umn.edu/program-areas/community-living-and-employment> video and webinar series on employment supports and services
- Pre-Employment Transition Services (Pre-ETS) - helps students with disabilities learn about themselves, understand work requirements, practice work skills, choose a career, and explore training options. <https://mn.gov/deed/job-seekers/disabilities/youth/pre-ets/index.jsp>
 - Definitions of Pre-ets https://mn.gov/deed/assets/pre-ets-desk-aid_tcm1045-308172.pdf
- E1MN: <https://disabilityhubmn.org/for-professionals/work/e1mn-partnership/> Minnesota's state agency partnership to advance Employment First outcomes for youth and adults with disabilities.
- Vocational Rehabilitation Services (VRS) Student Career Services: <https://mn.gov/deed/job-seekers/disabilities/youth/>
- Think Work - <https://www.thinkwork.org/topics/transition>

Post Secondary Education

- Think College provides resources, technical assistance and training related to college options for students with intellectual disabilities. Manages the only national listing of college programs for students with intellectual disability in the United States. <https://thinkcollege.net/>

- Minnesota colleges with programs for students with intellectual disabilities
https://thinkcollege.net/college-search?f%5b0%5d=tc_state_province%3AMinnesota
- NDSU college program for students with intellectual disabilities
<https://www.ndsu.edu/disabilityservices/tap/>

Financial

ABLE Account, Special Needs and Pooled Trust Comparison Chart (ablenrc.org) https://www.ablenrc.org/wp-content/uploads/2022/11/2022_SNT_ABLE_comparison.pdf

Life Skills

- Apartment Ready Checklist
<https://www.assistivetechlogyresources.org/sites/default/files/apartmentreadychecklist.pdf>
- Tech Handout for Money Workshop 2023
https://drive.google.com/file/d/1_euxsxDxVb9ksyfE7qAOwYeNi0YZAUif/view
- PowerPoint Handout for Managing Money Workshop July 2023
<https://drive.google.com/file/d/1mz56rClisfkoQDF9mXqlQ5Mcso7kTBtt/view>