Statewide Regional Capacity Building for Positive Supports

August 12th 1pm-2:30pm

Attendees: Billie Hendrickson, Brandon Hendrickson, Jeffrey Nurick, Mark Prischmann, Melanie Eidsmoe, Grace Hamilton, Lexi Dunn, Dana Easter, Scott Schifsky, Lindsay Nash, Alma Silver, Patty Johsnon, Donna Cobb, Randall Oldenburg, Alison Canty, Jae England-Sullivan, Angie Fitzgerald, Danelle Dunphy, Delores Alleckson,
Staff: Kerri Leucuta, Cortney Kressin, Beth Honecker, JoAnn Leppink, Taylor Guccione, Marisa Bengston, Katie Cragg, Linda Driessen, Buff Hennessey

Agenda

- **Announcement and reflection**
  - Marta Milliken's passing
  - Obituary : Marta Beth Milliken Obituary Jul 27, 2026 - Macken Funeral Home & Cremation
- **Networking Activity (Cortney)**
  - What is something you've recently learned that changed how you think? (Discussion out loud and chat)
    - Kerri : We are all dependent on someone
    - Lexi: We don't always know what the reason in, but we can choose to make meaning out of those reasons. " because of the Arc, I know have a community". Not everything happens for a reason, but we can make purpose out of it.
    - Randall : "Very freeing to be in a space when I can be calm, and be me."
    - Brandon: "Cognitive Load theory. Human brains can only take in so much and we need to account for that when designing training. (And it's ok to be overwhelmed sometimes)"
    - Billie: "Person-Centered Leadership: Ask what people 'need' to promote connection and create safe environments.
    - Alma: "The session on trauma-informed supports during the MN Positive Support Get Together really opened my eyes to all the way that disability and mental health experiences intersect together."

- **Regional Quality Council Overview (Kerri)**
  - Powerpoint - Regional Quality Council Presentation -- August 2026.pptx
  - RQC Created a few videos. Here is the link : The Power of Support: Professionals Who Speak Up! Series Teaser
- **Quality Assurance Overview (Tayler)**

- Powerpoint - https://arcgtc-my.sharepoint.com/:p:/g/personal/taylerguccione_arcminnesota_org/IQAG8fb0pvWYTqnHGF-iEo26AeKtJ71n79MvNrfKXmOTJEE?e=PQ6BDo
- Discussion around the name "Quality Assurance". Tayler and Buff addressed why the name is what it is, and some of the history.
- Resources: Resources – The Arc Minnesota

- **Regional Capacity Building Overview (Cortney)**
  - Connections to RQC and QA
  - Cortney shared map of "where are we located"
  - Collaboration with all 3 programs
  - The RQCs, QA, and RCB have a series coming up; "Words Matter". It will include the history of the "R" word and other learnings about ablelist language. Registration Meeting Registration - Zoom . This will be recorded.

Upcoming Events

- Words Matter Lunch and Learn Series: https://us02web.zoom.us/meeting/register/fk8vPBi6TMucS0qveDKQ8w
- October 7th and 8th Saint Louis County Health and Human Services Conference: Registration Information - 2026 St. Louis County Health & Human Service Conference
- MSSA Fall Regional Conferences: https://www.mnssa.org/MNSSA/MNSSA/MSSA_Events___Education/Regional_Events.aspx?WebsiteKey=f2781d83-cf58-4096-abf4-fe068ed0e729&hkey=55e38085-f003-4396-a8b6-f4142e05b382
- Aug 25th 4:30-8PM Transition Fair- Moorehead
- Voting engagement- Speed Dating with elected official (West Central Region)
- Voting 101 (West Central Region)
- Let inclusion Fly – Kite Festival – Albert Lea "Let Inclusion Fly" Albert Lea Minnesota Community Kite Festival | Facebook
- Comedy Show- The Disableds – Show in Rochester The Disableds Comedy Show | Facebook
- Sept 22nd Candidate Forum in Rochester at Bear Creek Services . More info to come!
- September 15th at 12PM Hot Topics training is Dementia Friends Training
- Next Statewide meeting will be in December