

## Southern Regional Capacity Building for Positive Supports

October 9th 12pm-1pm

### Purpose:

The purpose of Regional Capacity Building is to promote and share information about Positive Supports regionally, and share recommendations with state leaders. Positive Supports are practices that improve quality of life and cultural responsiveness. Each region will form a network to build partnerships and help strengthen their communities.

### Focus areas:

- [Culture of Safety](#)
- [Person Centered Thinking and Practices](#)

### Attendees:

**Meeting Notes:** Angie Fitzgerald, Courtney Kressin, Nate Clark, Marta Millikin, Linda Driessen, Mindy Thomas, Rachel Freeman, Randall(\*), Lexi Dunn, Amber Costello, Scott Schifsky, Melissa Hall, Conner Boorman, Jackie Lane,

- Success Stories
  - Network members shared a success story related to Positive Supports.
  - Addressed the importance of gathering success stories of positive supports
  - Future story collection ideas to spread positive support and their impact
- Hot Topic update
  - The first Statewide Hot Topic on Charting the LifeCourse went well.
  - 39 Participants
  - New resources from Nora on Charting the LifeCourse: Upcoming Trainings

Charting the LifeCourse  
fundamentals  
A Person-Centered Framework

**Achieve Your Good Life!**  
November 6 & 13 at 9 a.m.

DEPARTMENT OF HUMAN SERVICES  
INSTITUTE OF COMMUNITY INTEGRATION  
UNIVERSITY OF MINNESOTA

www.lifecoursetools.com

**Minnesota LifeCourse Learning Sessions**  
are designed for families, educators, and anyone interested in learning about the Charting the LifeCourse framework and tools.

Helping Students Thrive: Using the Charting the LifeCourse Framework in Schools  
Oct 29, 2025, 12:00-1:30 p.m.  
Feb 2, 2026, 12:00-1:30 p.m. (repeat)

Using Charting the LifeCourse in Supported Decision-Making  
Dec 8, 2025, 3:00-4:30 p.m.  
Apr 29, 2026, 11:30 a.m.-1:00 p.m. (repeat)

Find registration links here  
[z.umn.edu/LifeCourse](https://z.umn.edu/LifeCourse)

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- RCTC
  - First event coming soon! Self-Advocacy BINGO
- Culture of Safety: What do we want to know from providers?

- Do providers have data on retention after implementation or data on how the implementation went in general
- Any tangible and practical skills on how to use culture of safety and how can self-advocates help shape initiatives
- What are the problems actively being solved by culture of safety, and what kinds of people are most affected? When it is working, what is it actually doing?
- Were there any unforeseen issues or things that went well?
- How do providers facilitate change within the organization environment to allow for culture of safety to really work, and move past previous issues within the organization
  - Was there any pushback or issues regarding this change
- Similarities between organizations
- Culture of Safety trainings coming up in October (21<sup>st</sup>-23<sup>rd</sup>)