

## Southern Regional Capacity Building for Positive Supports

November 13th 12pm-1pm

### Purpose:

The purpose of Regional Capacity Building is to promote and share information about Positive Supports regionally, and share recommendations with state leaders. Positive Supports are practices that improve quality of life and cultural responsiveness. Each region will form a network to build partnerships and help strengthen their communities.

### Focus areas:

- [Culture of Safety](#)
- [Person Centered Thinking and Practices](#)

### Meeting Notes:

- RCTC Bingo Event Recap
  - Next event: Rock painting + Positive Supports Education
  - Where else should we do Bingo? Any other college connections?
- MSSA Region 10 conference Recap (Lexi, Angie, Linda, Kerri, Cortney)
  - Attendees shared their experience
  - Training topics included:
    - AI in human services from a DHS IT staff
      - Discussed benefits of using for human services, as well as concerns
    - Self care
      - 3 break out options (meditation, physical movement, art)
- Success Story Library (Conner)
  - Our Regional Capacity Building intern, Conner, is working on organizing and gathering stories for a success story library. The first step for this is writing down the stories shared by this network last month.
  - Network members may be contacted about whether they want their quote or story in the library.
- Hot Topic: November 18th Noon-1pm
- Statewide meeting: December 10<sup>th</sup> 1pm-2:30pm
- Scheduling 2026 meetings
  - Moving to Microsoft Teams in 2026

- o New calendar invite coming