Southern Regional Capacity Building for Positive Supports

July 9th 12pm-1pm

Purpose:

The purpose of Regional Capacity Building is to promote and share information about Positive Supports regionally, and share recommendations with state leaders. Positive Supports are practices that improve quality of life and cultural responsiveness. Each region will form a network to build partnerships and help strengthen their communities.

Focus areas:

- Culture of Safety
- Person Centered Thinking and Practices

Attendees: Cortney Kressin, Kerri Leucuta, Linda Driessen, Marta Milliken, Mindy Thomas, Angie Fitzgerald, Lexi Dunn, Jae England Sullivan, Sarah Venz

Meeting Notes:

- Beyond Restraint training overview with Mindy Thomas (Bear Creek Services)
    - Mindy shared an overview of a new training called, "Beyond Restraint." This training is built on principles from Person-Centered Practices, Positive Supports, Trauma-Informed Care, Humanistic Psychology, Self-Determination Theory (Deci & Ryan), Positive Psychology, Applied Behavior Analysis, Safety Science Principles, and contemporary research on communication, stress, and human flourishing.
    - The overview included interactive components and examples of the larger training.
    - Mindy has given this primarily to Bear Creek staff but has also gotten external requests.
- Ask participants for Agency Positive Supports Updates (no updates this month)
    - Successes, challenges, and emerging needs
    - Updates on PBS, PCT, Trauma-Informed Supports, and any Positive Supports related work

Announcements/Upcoming Events and Meetings:

- There is no Southern RCB meeting in August, all the regions will gather instead. (1pm start time on the 2nd Wednesday of the month, but 1.5 hours.)
- Gathering for Person Centered Practices July 15th, 16th, 17th
- Supporting Well-Functioning Systems for CYSHN and Families - MN Dept. of Health
- ARRM Conference July 15th
- Disability Pride events happening across the state
    - Disability Pride: July 9th at Cascade Lake in Rochester
- Region 10 MSSA Conference, November 6th: https://www.mnssa.org/MNSSA/MNSSA/MSSA_Events___Education/Region-10/Region-10-Fall-Conference.aspx
- Words Matter: Resurgence of the "R" word series on Wednesdays in September at Noon.