

Southern Regional Capacity Building for Positive Supports

January 8th 12pm-1pm

Purpose:

The purpose of Regional Capacity Building is to promote and share information about Positive Supports regionally, and share recommendations with state leaders. Positive Supports are practices that improve quality of life and cultural responsiveness. Each region will form a network to build partnerships and help strengthen their communities.

Focus areas:

- [Culture of Safety](#)
- [Person Centered Thinking and Practices](#)

Meeting Notes:

- Introductions
- Culture of Safety Systems Learning Review (SLR) (Scott)
 - Scott gave an overview of the SLR
- Guided Meditation and barefoot walking (Nate)
 - People with lived experience requested more presentations from experts with lived experience. The first one this year was Nate Clark, a self-advocate from Southwest Minnesota. Nate has given this presentation to other self-advocates at the Self Advocacy Conference.
 - If you would like a copy of this presentation, please contact Cortney Kressin
- Hot Topic: January 20th, Noon-1pm
 - Charting the LifeCourse, Supported Decision Making with Nora Ulseth
- Supported Decision Making Series, Fridays in February Noon-1:30
 - Registration link:
<https://us02web.zoom.us/meeting/register/Q865OImdQYePJ3u7YNagJg#/registration>