Statewide Regional Capacity Building

December 16th

Purpose:

- Promote and share information about positive supports regionally
- Share recommendations with state leaders

Attendees: Cortney Kressin, Becky Lambert, Jefferey, Kerri Leucuta, Sophie Iverson, Katie Cragg, Angie Fitzgerald, Beth Johnson, Brandon Hendrickson, Kassi Sofferman, Rachel Freeman, Marisa Bengtson-Loerzel, Jodi Greenstein, Kit Piltingsrud, Scott Schifsky, Mindy Thomas, Jen Billington, Michelle Dumas, Nick Vasquez, Linda Driessen, JoAnn Leppink, Jackie, Jae England-Sullivan

Agenda

- Introductions/networking
- Acknowledgements
- Coaches training (Brandon)
- Statewide themes
- Regional planning overview
- Stipend reminder

Meeting notes:

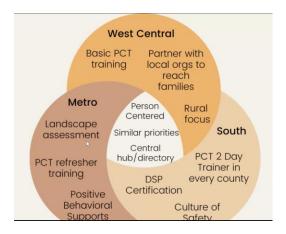
Person centered thinking coach training:

- Used to develop leaders and to model that and teach other people within the organization person-centered thinking skills
- Brandon: Who has done coach training?
 - Beth: took coach training from Brandon; felt that most powerful part was talking about how to bring back what I learned to the organization
- **Brandon**: What can we offer to others so that it's something that people want to send somebody to and invest in their organization?
 - Nick: Went through coaching cohort. Both individual and agency benefited from training. Agency initiative to integrate more person-centered language into agency trainings was helpful and could be helpful for others
 - Rachel: what is the way in which all of the regions in the statewide level are
 dedicated to figuring out how to integrate coach training and person-centered
 thinking? Each region has different needs so would be good to have assessment to
 see what they need; can also use that information to write something and share with
 DHS so that they can see what resources are needed for this practice (organize
 capacity building)
 - o **Jae:** Helpful to bring in leaders from other organizations in the room so that they can see what everyone else is doing/get them invested/spread the word.
 - Linda: Need to have access to training/centralize training opportunities/make sure that it is constantly available. People need to see how it benefits the day to day in order for it to catch on.

Acknowledgements: Mindy Thomas, Brian Sewall, Christina Kurschner, Jennifer Billington, Jennifer Jeffrey-Pearsall, Brandon and Billie Hendrickson, Jennifer Erwin, Beth Johnson, and Becky Lambert

Cortney: Break down of statewide themes:

- Person-centered thinking/planning
- Want to connect with people that have similar priorities
- Central Hub/directory: how to find what currently exists?
- Differences? Image taken from slides



- Metro: Person centered thinking, treat people like people
 - o Action items: landscape assessment, figure out refresher trainings
- South: Person centered thinking, community for all
 - Action items: gather data about current pct trainers, meeting with National Association of Direct Support Professionals about certification
- West Central: No PATH as of right now, didn't pick specific positive support but people in region should know that positive supports exist and how to access them
 - Action items: basic trainings/info sessions, partner with local orgs, focus on rural communities
- Questions/comments?
 - Kerri: Was in all three meetings; all information was captured, excited about all three regions
 - o **Brandon**: Is a Minnesota statewide path being done to combine all three regions?
 - Cortney: have talked about that but it is a big undertaking. It would be really cool to do!
 - Becky: It would be great! After statewide meetings, doing a statewide PATH/combining them would be nice.
 - Beth: lots of long term uses for them
 - Rachel: if we can organize data at regional level to show progress and come up with goals at statewide level to outline funds so that unified goal is unpacked and data is being used to show resources being spent sustainably.
 - Beth: could tie that into retaining staff or statewide shortage. Best practice/person-centered = people would enjoy their job more/have skills to be more comfortable.

Stipends reminder

- Reach out if eligible/reminder to reach out
- Need to fill out W9 and send to Courtney if eligible

2025 Meeting Schedule:

- West Central: 2nd Tuesday, 3pm
- Metro: 2nd Wednesday, 1pm
- Southern, 2nd Thursday, 12pm
- Statewide: 2nd Wednesdays, 1pm (April 9th, August 13th, December 10th) Regional Meetings not on these days
- Reach out about meeting conflicts