

PERSON CENTERED PRACTICES IN THE WORKPLACE

Metro
Regional Quality Council

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What are Person Centered Practices?

Person centered practices are treating people with dignity and respect by:

- building on people's strengths and talents;
- helping people connect to their community and develop relationships;
- listening and acting on what the person communicates;
- taking time to know and understand the person and what makes them unique.

Why Use Person Centered Practices?

Because it is the right thing to do! Person centered practices reflect a deep respect for people and their equality.

How do we Incorporate Person Centered Practices in our Business?

- Meet with your employees regularly to:
 - Get to know their strengths, likes, and dislikes
 - Understand what makes them unique
 - Learn how they want to be supported within their role
 - Know more about their career goals and aspirations
 - Determine how you can help them grow and learn within their career goals
- Focus on what your employees want to do rather than challenges or limitations they may have
- Foster an inclusive work environment for all employees. Provide opportunities for interaction and relationship building.



If you have questions or want to learn more about person centered practices, contact:

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Sources:

- Commonwealth of Massachusetts Department of Developmental Services: <https://www.ddslearning.com/person-centered-practices>
- Institute for Community Inclusion: https://www.communityinclusion.org/article.php?article_id=16