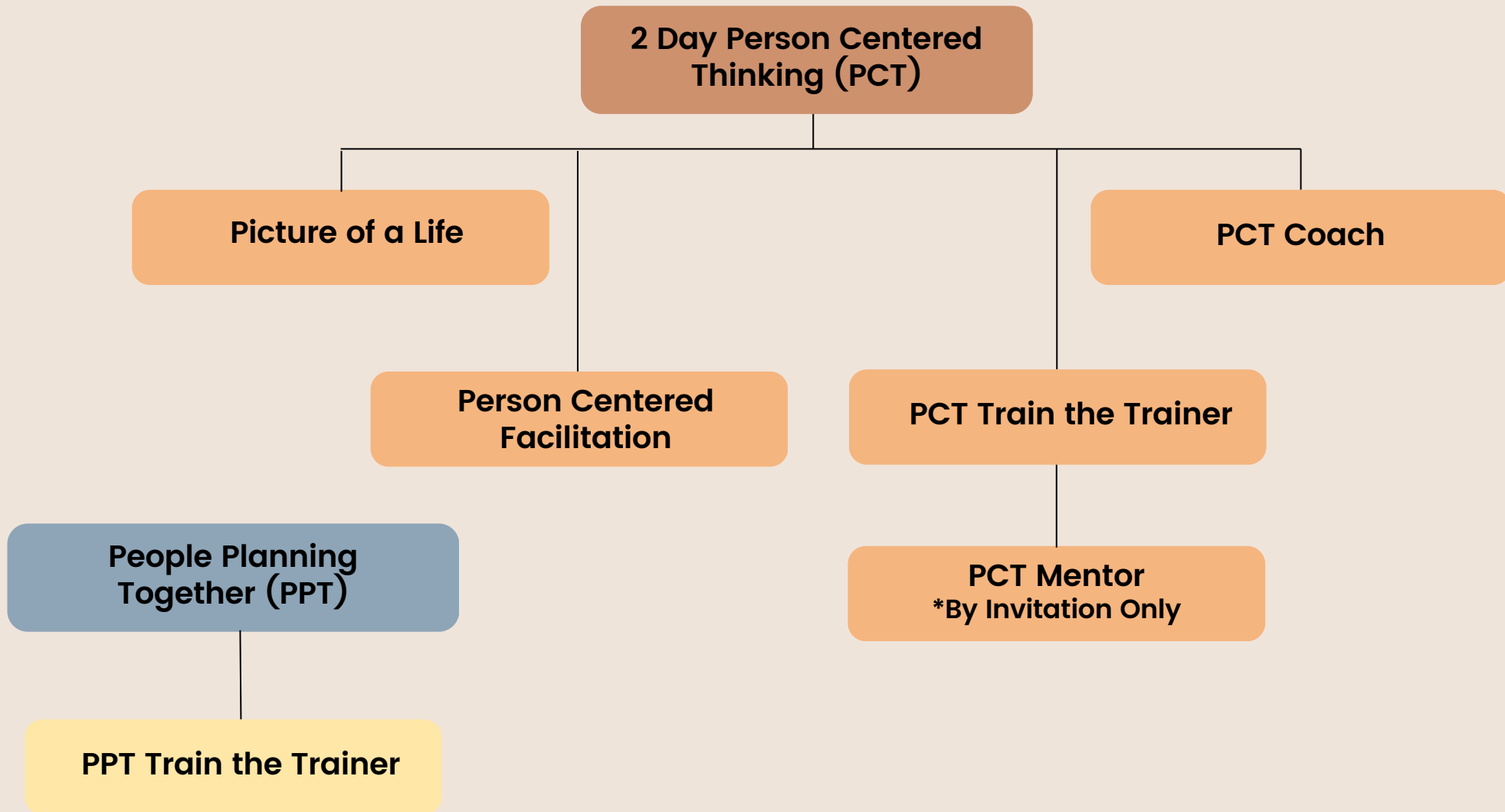


Person Centered Trainings

Click each box for more information.



2 Day Person Centered Thinking

No prerequisites

Typical Cost: \$150-200 per person

2 in person days (8 hours each) or 4 virtual days (4 hours each)

In this course, participants work as partners and in groups to expand their skills by learning and practicing the core concepts of Important To, Important For, and the balance between.

Participants will also explore critical skills that help us uncover what is truly meaningful to the person including, Relationship Mapping, Communication Chart, Two Minute Drill, Rituals and Routines, Good Day/Bad Day, What's Working/What's Not Working, 4 + 1 Questions, Learning Log, The Donut Sort, and Matching.

Using the insights gained from these skills, in collaboration with deeply listening to the person, will help you act on what you learn to support people in a way that is most meaningful to them. By the end of the course, you will have the first draft of your own Person-Centered Description as well as your own One Page Description.

Picture of a Life

Must complete 2 Day PCT Training prior to this course.

Typical Cost: \$200 per person

2 in person days (8 hours each)

This training is focused on learning and applying Person-Centered Thinking and Planning tools.

During this training you will actively engage in planning with a person. You'll use Person Centered Thinking skills and graphic illustration to help discover and capture the life a person wants to live. At the end of the training, we will have built a "Picture of a Life" with all the elements of the person's desired future.

This training is not scheduled, if a person or organization is interested in this, contact a MN Mentor for options.

Person Centered Thinking Coach

Must complete 2 Day PCT Training prior to this course.

Typical Cost: \$400–550 per person, with possible organizational discounts.

6 in person days (8 hours each) or 12 virtual days (4 hours each)
+
Outside of class work (12–40 hours)

PCT Coach's training provides increased, in-depth knowledge for people who have attended 2-Day PCT and would like to hone their skills. Over the course of this training, group activities are completed to build confidence in sharing with fellow DSPs or managers how to change their thoughts and actions in everyday interactions by honing understanding of skills and tools learned in PCT 2-Day Training.

Person Centered Plan Facilitation

Must complete 2 Day PCT Training prior to this course.

Typical Cost: \$1000 per person

3 in person days (8 hours each) or 6 virtual days (4 hours each)

+

6 Mentor Sessions (1.5 hours each)

+

Outside of class work/planning with people and homework (20-40 hours)

Participants will learn core foundation of Person-Centered Plan Facilitation. Three plan templates will be taught – MAPS, PATH, and Liberty Plan, along with key team building and community capacity building skills.

The mentor sessions provide a deeper dive into the PCT tools and delve into the planning process, discovery conversation and writing meaningful summaries. The mentoring sessions will provide peer review as well as mentor guidance and observation.

Person Centered Thinking Train the Trainer

Must complete 2 Day PCT Training prior to this course.

Typical Cost: Varies

Candidate orientation (Up to 8 hours)

+

Observe Mentor led PCT 2-Day training (16 hours)

+

Training/mentoring support prior to delivering 1st and 2nd training (Min. 8 hours)

+

Self-directed study and practice of training materials (10-20 hours)

+

Mentor observes candidate trainings – one in person and one virtual (32 hours)

+

Training/mentoring support between candidate training sessions (Up to 8 hours)

This training supports a potential candidate to become a PCT 2-Day trainer. Once certified the trainer can provide PCT 2-Day training under The Learning Community of Person Centered Practices guidelines.

Entering any type of contract for mentoring a PCT trainer does not ensure a candidate will be certified at the end of the process. This is led by a mentor, all interested candidates must contact a MN Mentor to discuss the process.

Person Centered Thinking 2 Day Mentor

Must complete Train the Trainer prior to this course.

Mentor training is by invitation only.

This training is to develop a candidate to be a PCT Mentor. A PCT 2-Day Mentor can train other candidates in PCT 2-Day curriculum only. To become a trainer for PCT Coach, Plan Facilitation, or Picture of a Life a mentor must have additional training to be a Trainer in each.

This is led by a mentor, all interested candidates must contact a MN Mentor to discuss process. Must have two mentors to support candidate.

People Planning Together

No Prerequisites

Typical Cost: \$200, free in 2025 through a grant

2 in person days (8 hours each) or 4 virtual days (4 hours each)

People Planning Together, also called PPT, is a training for people with disabilities. It is taught by two people; one who has a disability, and one who does not.

The class helps people identify what is meaningful to them and what they want in their lives. Through activities and discussion, people in the class get a deeper understanding of what is important to them and for them. They use this information to develop a plan with meaningful outcomes for their life.

People Planning Together Train the Trainer

Must complete PPT 2 Day training prior to this course.

Typical Cost: Varies, free in 2025 through a grant

2 Days Orientation (8 hours each)
+
2 Days Mentor led training (8 hours each)
+
Two demonstrations of skills by candidates (16 hours each)
+
6 Virtual Sessions for Mentor Feedback and Support (4 hours each)

This training supports a potential candidate to become a PPT 2-Day trainer.

Once certified the trainer can provide PPT 2-Day training. Candidates are strongly encouraged to go through the training with the person that will be their co-trainer after certification: One self advocate and one professional with PCT experience.