Arrowhead Regional Quality Council

Meeting Minutes

Meeting Date: Thursday, June 25th, 2020

Meeting Location: Virtual (Zoom)

1. **Introductions and greetings (15 minutes)**
    - Welcome Olivia Bonander, case manager from Cook County who will be our new Cook County representative!
2. **Updates/Reminders and Discussion (10 minutes)**

    - ***Motivational Interviewing Training*:** Virginia training still has openings. Please share with co-workers, and contact Lori Moench if anyone may be interested. Duluth training is full.
    - ***Person-Centered Planning*:** All five spots for plans are filled. Trillium is going to move forward virtually, but still offer in-person plans as well. Lori plans to connect with October on two women from Grace Place who are interested in having a person-centered plan done.
    - ***ARQC End of Fiscal Year Budget**:* Our fiscal year ends June 30th, 2020 and the new year starts July 1, 2020. In our current budget there is roughly $16,500 left over. Laurie, Lori, and Emily are working on putting together a brief application process for individuals with disabilities we support to be able to apply to purchase personal computers with the left-over funds. This is being done with the goal of improving connections during covid.
    - ***Collaborative Safety:*** ARQC was invited to collaborate with DHS and a few other counties in a collaborative safety project. This project was created to look at critical incidents in a 245-D setting, their influence/environment, and find out ways to improve and not punish staff for mistakes that were made with no ill-intentions.

      This safety group would like to share data with an ARQC data workgroup to help improve things like policies, trainings, and what to change moving forward. ARQC would play a role in making recommendations for change. Another way for the council to be involved in this project would be to have a handful of members be apart of the case selection committee, which involves selecting cases for review.

3. **Liberty Plan Discussion (50 minutes)**
    - Four key areas from data
        - Person Centered Practices and Planning-
            - Council discussion on our role in person-centered planning and thinking. Discussion included ways we could offer more trainings and opportunities, how to make person-centered practices more practical, how to make sure documentation is person-centered, and making sure to rally the correct people.
            - Getting self-advocates involved more in person-centered planning and sharing success stories as a tool.
            - Other potential focus areas include services and supports, safety, and employment.
    - Overview
        - A liberty plan was derived from a path. The liberty plan uses the same principles as a PATH and MAP. The person at the center of the plan chooses the key areas of focus (three areas is a good number). After this step the following steps to complete a liberty plan are as follows-
            - Discuss strengths and abilities
            - Things you've already accomplished in specific focus area
            - What would your perfect world look like?
            - Action steps
    - Preparation for July pre-planning meeting: Think about these areas ahead of time. It would also be beneficial to have someone who is able to say certain goals should not be a focus at this moment (due to budget, capacity, etc.).
        - Strengths
        - Weaknesses
        - Resources
        - Clear Vision
4. **Closing (15 minutes)**
    - Contributions
    - Doodle Poll- Please Respond by July 1st with any feedback on ARQC guidelines and poll to pick Liberty Plan pre-planning meeting that will be held in July.

- **Attendance**

Name	Member Representation	Present Y/N
Emily Mack	Arc Northland	Y
Laurie Berner	Arc Northland	Y
Lori Moench	Arc Northland	Y
Ruth Rowenhorst	Carlton County	Y
Kristie Buchman	Choice Unlimited	Y
Olivia Bonander	Cook County	Y
Jen Anderson	At Home Living	
Michelle McDonald	Lake County DAC	Y
Michael Manning	Self-Advocate	
Kate Wallin	Self-Advocate	Y
Sara Romagnoli	DHS	
Beth Swanson	Lake County	
Michael Woods	Ombudsmen	
Meghan Terella	Access North	
Patty Johnson	RSI	
Amy Patenaude	St. Louis County	
Becky Jakubek	Trillium Services	
Josh Howie	Trillium Services	Y
Ann Dahl	Udac	Y
October Allen	SLC Homeless Provider/Grace Place	
Others Present:		