Arrowhead Regional Quality Council

Meeting Minutes

April 27, 2023

Meeting Date: Thursday, April 27, 2023

Meeting Location: Virtual (Zoom) 8:30 am to 10:00 am

Agenda:

Greetings and Opening Round

- Becky and Beth welcomed everyone, then members introduced themselves.
- All members answered this opening round question-If you could repaint the space you are in right now; what color would you choose, and would you do it yourself or hire someone to do it? We got some great responses to this question and thank you for your participation.

Bite Size Learning and Discussion

- We watched a short video clip on what the Disability Policy Seminar is and what happens at one @ https://youtu.be/QwID3LwiGP4
- We then discussed the upcoming Disability Policy Seminar, which will be held on Friday April 28, 2023, at 2:30 pm. Both Shawn and Mary will be participating this year. Mary will facilitate the conversation, and Shawn will speak on the issue of affordable and accessible housing for those with disabilities. This is an amazing opportunity to advocate on the Federal level for those with disabilities and their needs. Plus, to have both Mary and Shawn asked to be involved by Gene M. of Arc MN and Capital Connectors says a lot about the respect others have for the members of the Arrowhead Regional Quality Council and the feedback they provide.

ICI Collaboration

- Becky explained we continue to meet with ICI (Rachel F.) about writing new initiatives into the ARQC (Arrowhead Regional Quality Council) grant for the 2024 grant cycle. We have been working on a separate grant with ICI, and we hope to write this work into the current ARQC grant through DHS (Department of Human Services).
- Becky also discussed an upcoming opportunity for Shawn to be interviewed by Rachel F. and ICI about what it is like to me a self-advocate on the ARQC and how self-advocates are leading the way of the work being done. This interview will be shared in the UK. Our self-advocate's work is now getting recognized internationally, what a huge compliment!

Regional Cohort Team

- Becky explained the Regional PCP (Person Centered Practices) Cohort will be meeting again on June 27th from 9:00am to 2:00 pm at RSI to complete a PATH for this group. We are excited to do another PATH which will outline our next steps as a cohort. Becky asked the group if they

could think of anyone else who should be involved or invited to attend the PATH meeting. Becky did not get any responses, so she asked the group to email us with thoughts or names of those who should be involved.

- We hope to present our PATH at the MN Gathering in October 2023.

MN Gathering

- Beth explained we have secured the venue for the MN Gathering; it will be held at the Cloquet Forestry Center on October 24, 2023, in person, with a catered lunch for those who attend. We have not made any decisions on the catering yet, but we are looking into options.
- We are currently looking for speakers and speaker ideas for the MN Gathering. Still looking for a Keynote speaker and are open to any suggestions from the group. Beth asked the group if they knew anyone interested in speaking at the MN Gathering or an agency doing new and exciting things in relation to PCP or PBS. Josh explained in more detail what the target audience is for the MN Gathering and what kind of speakers we are looking for. Josh also asked the group to please email him with any thoughts, ideas, or names. Josh's email- jhowie@trilliumservice.com

Future Speakers/Topics for ARQC Meeting

- Becky explained she would like to make sure the Council gets the most out of our meetings, and she wants the meeting to be cohesive and have a flow. She went on to say, the opening round question and bite size learning clip will be related to whatever the topics are for the meetings or if we have a speaker. You may notice there will be more of a theme to each monthly meeting.
- Becky asked the group if anyone had ideas for speaker topics for future ARQC meetings, what they may want to know more about, or agencies, and she will reach out to set up the meetings.

Agency/Organization/Advocacy Updates

- Michelle M., DAC, talked about a career day held at two high schools-Silver Bay & Two Harbors in her area and the amazing opportunities the students had in learning about all kinds of careers.
- Michelle M. and Ann D. talked about attending the Duluth Construction Career Night on April 26th at the DECC. There were 20 trades represented at the event-Boilermaker, Bricklayer, Tile Setter, Finisher, Sheet Metal, Carpenter, Floor Coverer Laborer, Cement Mason, Plasterer, Painter, Glazier, Taper, Ironworker, Plumber, Pipefitter, Roofer, Sprinkler Fitter, Steamfitter, and Teamster. Those who attended were able to try tools out, received valuable information on each specific trade. They were also able to ask questions about how to get hired, what requirements are, and or what path to take.
- Ann D., UDAC, talked about their student internships with Essentia and how great it has been going. UDAC has had students working in 3 different departments and really getting helpful on the job training and experience.

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- Becky L., Beth J., and Amanda C. shared the Arc Northland had their annual board meeting and the ARQC was highlighted (along with all the other programs). The Arc Northland board is amazing and continues to support the work of the ARQC and was proud of our progress.
- Sherri C., Lighthouse Center for Vital Living, shared they will be moving into their new offices, and she is looking forward to the new space.

Upcoming Meetings

- Culture of Safety (DAG) Workgroup – 5/2/23 at 1:00 pm to 3:00 pm Via Zoom
- Person-Centered Practices Workgroup – 5/15/23 at 3:00 pm to 4:00 pm Via Zoom
- ICI Workgroup (Duluth, Hibbing, Grand Marais) – TBA
- ARQC Monthly Meeting – 5/25/23 at 8:30 am to 10:00 am via Zoom

Next Meeting: May 25, 2023 at 8:30 am to 10:00 am via Zoom

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Attendance

Name	Member Representation		Present Y/N
Becky Lambert	Arc Northland	ARQC Staff	Y
Beth Johnson	Arc Northland	ARQC Staff	Y
Ruth Rowenhorst	Carlton County	Lead Agency	N
Amy Patenaude	St. Louis County	Lead Agency	N
Lauren Nelson	Cook County	Lead Agency	Y
Kerwin McKay	DHS	Lead Agency	N
Michelle McDonald	Lake County DAC	Lead Agency	Y
Beth Swanson	Lake County	Lead Agency	N
Shawn Stanich		Self-Advocate	Y
Heath Maki		Self-Advocate	N
Amanda Crosby	Arc Northland	Advocate	Y
Connie Kotonias	Family Member	Advocate	Y
Mary Martin	Family Member	Advocate	Y
Kristie Buchman	Choice Unlimited	Service Provider	Y
Nicole Lind	RSI	Service Provider	N
Ann Dahl	UDAC	Service Provider	Y
Josh Howie	Trillium Services	Service Provider	Y
Sherri Cooke	Lighthouse Center for V L	Service Provider	Y
Others Present:			