Arrowhead Regional Quality Council

Meeting Minutes

Meeting Date: Thursday, February 23, 2023

Meeting Location: Virtual (Zoom) 8:30 am to 10:00 am

ARQC Agenda:

Introductions and Opening Round

- All who attended introduced themselves and answered this question: What was your first experience with advocacy/activism? As you all know, we have some amazing advocates on this council, and it was great to hear where that all started from. Thank you for sharing.
- We welcomed Kerwin Mckay from DHS (Department of Human Services), he is the Regional Resource Specialist for our area and our newest member to the council.

Bite-Size Learning

- We watched a video clip on legislative advocacy –a how to guide on contacting your local State Representative. This clip also was to get us ready for Gene M. presentation on The Arc MN Disability Legislative Session for 2023

Mn Legislative Session 2023 Presentation by Gene M.

- Gene M. who is The Arc MN Legislative Advocacy Coordinator, presented on the MN Legislative Session for 2023. See attachment for information on Gene's presentation and disability bills summary.

Workgroup Updates

- COS (Culture of Safety) Data Action Workgroup is meeting again and is currently reviewing data on service terminations.
- Person-Centerd Practices Workgroup is working on outreach to providers who may be interested in some form of information on Person-Centered Practices. They developed a letter for outreach and are encouraged to use it for the next month.
- ICI (Institute on Community Integration) Grant Plain Language Materials Workgroup is in the forming stages. We have secured the sites for the three groups-in Grand Marais at the Hub, in Hibbing at Access North, and in the Duluth/Carlton area at the Ordean Building in downtown Duluth. Beth and Becky are in the process of reaching out to self-advocates in those areas to form these three workgroups.
- RQC (Regional Quality Councils) Statewide Staffing Shortage Workgroup is meeting twice a month now, doing one meeting which is more educational and the other being a task group meeting where they do the work. This group is focusing on the legislative agenda for the next few months by following certain bills and advocating for them-either making in-person or ZOOM visits with Representatives' or writing letters Etc.

Arrowhead Regional Quality Council

Meeting Minutes

Organization/Agency/Advocate Updates

- Shawn S. shared with the group he will be speaking to the Transportation Council at a hearing next week 3/3/23 at 8:30 am on the Northern Lights Express train and how that would positively impact his life and others, Beth will also speak at the hearing. He shared his speech with the group and asked for feedback. The group congratulated him on this amazing accomplishment and wished him luck.
- Choice Unlimited is having its Rock & Roll Masquerade Ball on March 10th at Graysolon Plaza Ballroom, which is exciting! It is a fundraiser, so get your ticket at Choice Unlimited or on Eventbrite for a fun evening with a worthy cause.
- RSI will now be offering Life Share Services which is exciting
- The Arc Northland is having a Chipotle Fundraiser March 14th from 4 to 8 pm and a portion of the proceeds will go to us. Please see the attached flyer to get the code!!
- The Housing Summit for All, put on by the Affordable Housing Coalition, will be March 30th from 10 am to 3 pm at First Lutheran Church in Duluth for those experiencing housing instability and Landlords/Property managers in the area. Please see attached flyer

Upcoming Meetings

- RQC Statewide Staffing Shortage Workgroup-March 9th 10-11:30 am
- Person-Centered Practices Workgroup-
- Data Action Workgroup
- ARQC Monthly Meeting-March 23rd 8:30-10:00 am

Our Next Meeting is March 23, 2023, at **8:30 am to 10:00 am Via Zoom**

Arrowhead Regional Quality Council

Meeting Minutes

Attendance

Name	Member Representation		Present Y/N
Becky Lambert	Arc Northland	ARQC Staff	Y
Beth Johnson	Arc Northland	ARQC Staff	Y
Ruth Rowenhorst	Carlton County	Lead Agency	N
Amy Patenaude	St. Louis County	Lead Agency	Y
	Cook County	Lead Agency	
Kerwin McKay	DHS	Lead Agency	Y
Michelle McDonald	Lake County DAC	Lead Agency	Y
Beth Swanson	Lake County	Lead Agency	N
Kate Wallin		Self-Advocate	N
Tara Wilson		Self-Advocate	N
Heath Maki		Self-Advocate	N
Shawn Stanich		Self-Advocate	Y
Amanda Crosby	Arc Northland	Advocate	Y
Mary Martin	Family Member	Advocate	Y
Connie Kotonias	Family Member	Advocate	Y
Kristie Buchman	Choice Unlimited	Service Provider	Y
Nicole Lind	RSI	Service Provider	Y
Ann Dahl	Udac	Service Provider	Y
Josh Howie	Trillium Services	Service Provider	Y
Others Present:			
Gene Martinez	The Arc Minnesota		Y

Arrowhead Regional Quality Council

Meeting Minutes