Arrowhead Regional Quality Council

Meeting Minutes December 22, 2022

- **Greetings and Introductions**

  During our opening round we shared our favorite desserts. Thanks for sharing everyone! We also welcomed Sheri and Greta from Lighthouse Center for Vital Living. Olivia B has left her position in Cook Co to take on a new role. She has left the ARQC as well, but we hope to connect with her in the future. Good luck, Olivia! Starting in the new year a representative from Pine County will be joining the Council.

- **Bite Size Learning (5 minutes)**

  We watched an introductory video on assistive technology to prepare for the presentation by the Lighthouse. There was no discussion before the presentation.
  https://www.youtube.com/watch?v=SIm2MuJUCTE&t=19s

- **Presentation on Tech To Connect Grant from the Lighthouse Center for Vital Living**

  Greta and Sheri gave a fantastic presentation on the work of the Lighthouse and an exciting assistive technology grant opportunity for many of the people we work with. This grant can provide funds for such things as devices, trainings, internet, phones. Eligibility requirements for those that apply are that they have a disability or are seniors, that they are on a waiver or receiving HCBS, and that they have integrated living. Please see the attached flyer on the email and reach out to Greta or Sheri.

  Three highlights that Sheri and Greta shared for the Lighthouse:

  - They have 2 large grants that they are supporting, including the assistive technology grant
  - They have Digital Literacy classes that are available both as a group class and 1:1
  - They will be moving to a new building on 1st St this summer where they will be places for device demonstrations and a device lending library.

  Please visit their website at https://www.lcfvl.org/
  Sheri: sheri@lcfvl.org
  Greta: greta@lcfvl.org

- **Follow-up on Statewide Workforce Shortage Meeting (Not discussed during meeting)**

  Kerri L from Region 10 RQC will send out a Doodle Poll to those who would like to be part of the workgroup to determine the first meeting. If anyone else would like to be part of the workgroup please let me know and I will send your information on to Kerri.

- **ARQC Meeting Schedule for 2023**

  We will make time during our January meeting to discuss our meeting length and schedule. Becky asked members to think about extending our meeting length to either

8:30-10am or 9-10:30am. We will also discuss if the day and time is still convenient for members.

- **Upcoming Meetings**
  - ARQC 1.26.2023 (9:00 am – 10:00 am) via Zoom
  - DAG 1.09.2023 (1:00-2:00pm)
  - PCP 1.16.2023 (3:00-4:00pm)
  - SA Pre-Meeting 1.25.2023 (3:30-4:00pm)
  - SA Post-Meeting 1.27.2023 (3:30-4:00pm)