Arrowhead Regional Quality Council

Meeting Minutes

November 14, 2023

Meeting Date: Tuesday, November 14, 2023

Meeting Location: Virtual (Zoom) 2:00-3:30 pm

ARQC Meeting Agenda:

Greetings and Introductions

- Council went through welcome and introductions.
- Introduction of guest speaker: Marais Wakem from the Arc MN's Inclusion Initiative

Bite Size Learning

- We watched a short video clip on Inclusion, https://youtu.be/4y8X_erb8EU
- We then had a brief discussion on what inclusion means to you and what it looks like in your life.

Presentation from Marais Wakem from Arc MN on the MN Inclusion Initiative

- Marais Waken presented on MN Inclusion Initiative and the opportunities for grants in this area. The goal of this initiative is to increase the inclusion of people with I/DD in the community, improve community integration outcomes, educate decision–makers and the general public about systemic barriers to inclusion, and provide opportunities to advocate for change.
- There was time for questions at the end of the presentation from the group. Some ARQC members asked questions and Marais was able to answer those questions.

Discussion of ARQC Goal #4 (Please see attachment for Goal)

Workgroup Updates

- Beth asked for feedback from ARQC members about workgroup updates; asking if it was helpful, if members wanted to know the information, etc. Beth did not hear a lot of feedback one way or another, so she gave an update on all workgroups.
- Person-Centered Practices Workgroup meets monthly and continues to work on the PowerPoint presentation of Person-Centered Practices.
- ROC Statewide Workforce Shortage Workgroup meets monthly, and they are currently working on a Survey for service providers and DSP (Direct Support Professionals) to highlight what supports are needed by both groups to combat the workforce shortage. This group is highly focused on engaging and educating state and local Legislators.
- ICI Grant Self-Advocate/Plain Language-Duluth, Grand Marais, and Hibbing. The **Duluth** group has finished putting person-centered plans into plain language-The PATH, MAPS, ELP, and PFP. This group is finishing editing and layout. The **Grand Marais** group has put Person-Centered Practices into a plain language document that summarizes all the important skills and tools, and why being person-centered is important. This group continues to finalize the information and work on layout. The **Hibbing** group has not been formed yet.

- Culture of Safety Data Action Workgroup meets monthly with Aric G. from DHS (Department of Human Services). This group continues to review critical incident data reported to the state of MN from 245 D licensed facilities. We have worked through a lot of the data points and have been discussing if there are any Learning Lessons or recommendations that need to be made. We are finding more Learning Lessons to share and have not been able to make a recommendation currently. We will move into Medication errors data for the new year 2024.

Agency, Provider, and Self Advocate Updates

- The Arc Northland is hosting an open house to celebrate their new space and partnership with Zeitgeist on Nov 16th. All are welcome to attend: there will be snacks, refreshments, and cake.

Next ARQC Meeting: December 12, 2023 at 2:00 pm to 3:30 PM

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Attendance

Name	Member Representation	Present Y/N
Becky Lambert	Arc Northland	Y
Beth Johnson	Arc Northland	Y
Jenae Hackensmith	Self-Advocate	Y
Heath Maki	Self-Advocate	N
Shawn Stanich	Self-Advocate	Y
Mary Martin	Parent Advocate	Y
Connie Kotonias	Parent Advocate	N
Amy Patenaude	St. Louis County	Y
Laura Nelson	Cook County	N
Beth Swanson	Lake County	N
Bethany McKeon	Carlton County	N
Kerwin McKay	DHS Resource Specialist	Y
Meredith Kujala	Little Not Less/Self-Advocate	N
Amanda Crosby	Arc Northland	Y
Kristie Buchman	Choice Unlimited	N
Nicole Lind	RSI	Y
Ann Dahl	Udac	N
Josh Howie	Trillium Works	N
Sherri Cook	Lighthouse Center for Vital Living	N
Others Present:		
Marais Wakem	The Arc MN	Y