Arrowhead Regional Quality Council

Meeting Minutes

June 22, 2023

Meeting Location: Virtual (Zoom) 8:30 am to 10:00 am

Agenda:

Greetings and Opening Round

- Welcome to all members and to Brenton Rice of Partners in Policymaking!
- We answered this opening round question about leadership- Tell us about your leadership and something you are proud of? All shared amazing stories of personal leadership; we have a talented group of council members!

Bite Size Learning

- We watched a short video, What Partners in Policymaking Means to Me, about the speaker topic.

Partners in Policymaking Presentation by Brenton Rice

- Brenton presented on the Partners in Policymaking leadership training program. He explained how it works, what they focus on, the commitment involved, who's eligible, outcomes, and how to get people into the training program. This program teaches leadership skills and the process of developing positive partnerships with elected officials who often make decisions about the services that people with disabilities and their family members use.
- For more information on this program, and how to apply, please go to: https://mn.gov/mnddc/partnersinpolicymaking/class41/index.html
- Attached to the Meeting Minutes Email, you will find templates for recruiting eligible folks to the 41st class of Partners in Policymaking.

Update on Virtual Site Visit

- Becky reviewed the virtual site visit with DHS (Department of Human Services) on the ARQC grant. The visit went well, and it also gave us a chance to reconnect with Jason Flint-the grant manager. We are on-track and meeting goals. Shout out to Rick Sailstad, Arc Northland's financial manager, on his organization and understanding of DHS's financial bookkeeping. Thank you, Rick!

Discussion: What's Working/What's Not Working with ARQC Meetings

- Becky explained that she would like to check in every few months on how the monthly ARQC meetings are going for council members then get feedback from the group. Becky had several questions for the group: How can we better reach BIPOC communities, Does this day and time still work, Do you find these meetings productive-what needs to change, What more do council members want to see the ARQC doing, and any other thoughts on improvement?
- We got several suggestions from the group on things that could be changed up. It was suggested we record our monthly meetings so others can view them if they are unable to attend or

interested in our work. We should post the notes from our meetings somewhere. We should do a doodle poll again to make sure this time and day work for everyone, we discussed wanting to increase the number of self-advocates on the council and currently this day and time is problematic, so another doodle poll is needed to see if there is a better day and time to meet monthly. No opening round question is needed since we all know each other well by now and often run short on time in the meeting.

- Other suggestions are: Consensus indicates that the informational items on the meeting agenda, speakers, bite-size learning, share-outs are especially helpful. A suggest that the ARQC regularly review workplan goals and how they are progressing/tying to the work of the ARQC would be beneficial. Josh mentioned that historically the work of the ARQC has been ambiguous while others said we need to be able to show what this council does, and currently there is some difficulty in doing that because of the ambiguity. A suggestion would be to be out in the community, have an event, or present solid work that the ARQC is doing.

Workgroup Updates

- We skipped this agenda item due to lack of time.

Agency/Organization/Advocacy Updates

- Nicole L., RSI, talked about a new program that uses assistive technology to help with staff shortages.
- Ann D. shared that Udac received the 2023 Organization Best Practices Award from National APSE. Congratulations Udac, what an honor!!!
- The Arc Northland is moving its office to a new building. As of July 1st, Arc Northland will now be in the Zeitgeist building located at 222 E. Superior Street Duluth MN 55802. We are thrilled to be moving, and for future collaborations with Zeitgeist.

Upcoming Meetings

- Culture of Safety (DAG) Workgroup – 7/7/23 at 9:00 am to 11:00 am Via Zoom
- Person-Centered Practices Workgroup – 7/17/23 at 3:00 pm to 4:00 pm Via Zoom
- RQC Workforce Shortage Workgoup-7/27/23 at 11:00 am to 12:30 pm Via Zoom
- ARQC Monthly Meeting – 7/27/23 at 8:30 am to 10:00 am via Zoom
- Self-Advocate Pre-ARQC Meeting- 7/26/23 at 3:00 pm to 4:00 pm
- Self-Advocate Post-ARQC Meeting- 7/28/23 at 3:00 pm to 4:00 pm

Next Meeting: July 27, 2023 at 8:30 am to 10:00 am via Zoom

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Attendance

Name	Member Representation		Present Y/N
Becky Lambert	Arc Northland	ARQC Staff	Y
Beth Johnson	Arc Northland	ARQC Staff	Y
Ruth Rowenhorst	Carlton County	Lead Agency	N
Amy Patenaude	St. Louis County	Lead Agency	Y
Lauren Nelson	Cook County	Lead Agency	Y
Kerwin McKay	DHS	Lead Agency	N
Michelle McDonald	Lake County DAC	Lead Agency	Y
Shawn Stanich		Self-Advocate	Y
Heath Maki		Self-Advocate	N
Amanda Crosby	Arc Northland	Advocate	Y
Connie Kotonias	Family Member	Advocate	Y
Mary Martin	Family Member	Advocate	Y
Kristie Buchman	Choice Unlimited	Service Provider	Y
Nicole Lind	RSI	Service Provider	Y
Ann Dahl	UDAC	Service Provider	Y
Josh Howie	Trillium Services	Service Provider	Y
Sherri Cooke	Lighthouse Center for V L	Service Provider	N
Others Present:			
Brenton Rice	Partners in Policymaking		Y